

Denver
Colorado
October 13-14
2017

Get in touch

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What to Expect

A mixture of fun, education and connection making experiences fill the weekend.

- The **days** are filled with speakers on various topics specifically important to sports chiropractors.
- The **evenings** are more free with casual dining experiences and social events!
- The **ExCo** is planning on putting together social events and plans just for you including a **speed interview event**, a social hour, and potentially more to come!
- Be prepared with what you want out of the weekend. If you want to learn bring something to take notes with- if you want to network have your resume polished.

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*Schedule
Key Points*

Thursday

- 7-9 Student Meet and Greet

Friday

- 8-10 Speaker Antonucci
- 10-12 Speaker Cronin
- 12-1:30 Free lunch and learn for students and recent 5 year grads topics tbd.
- 1:30-5 Breakout 1&2
- 5:30-7 Hotel/President's Social Hour (Free)
- 6:30-9 **Speed Networking** event (Free). Light appetizers served. This is the key event for students to meet mentors, employers and other opportunities. Have fun meeting everyone!

Saturday

- 8:15-10:15 Speaker Shah
- 10:30-12 Speaker Matthew Christopher
- 12:30-2 Luncheon and annual member meeting will include awards for the year and poster contest winners.
- 2-5 Breakout 3 & 4
- 6:30-9 Details TBD: Inductee to the **Hall of Fame Gala**. This historical event has only happened a few times!! This is a semiformal event that includes dinner, live music and will cap off the weekend.

There is more information to come on some of the events and a more complete schedule for speakers along with speaker biographies can be found on the ACASC website





Annual Hyde Poster Contest

Research is a very vital resource for medical providers to show the value of what they do for their patients' works! Chiropractic is often criticized for having limited research supporting our treatments. Fortunately, we have the power to change that! Throughout the ACA symposium there is a poster contest for students that want to do a research project. These include literature reviews, original research projects, and collaborate efforts. At the ACA you can present your project and talk to many doctors about it. Then there is a voting procedure and winners of the contest can win scholarships for their efforts! It takes a lot of work on top of your studies so if you are interested get started as soon as possible. For more information review the ACASC website at: <http://www.acasc.org/student-poster-contest>

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Speed Interview Prep

Come with a Curriculum Vitae!

Did you know?

93% of employment decisions are decided by preparedness
but only 1 out of 10 people spend 2 or more hours
preparing.

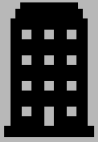
Questions to be able answer in a Minute or less!!

- What do you want your life to look like in the next 5 years?
- How would you describe yourself?
- Strengths and weaknesses-what sets you apart?
- What are you looking for in this experience?

Questions to ask

- What would an ideal candidate look like for you?
- What is the atmosphere of your practice?
- Do you have past associates/mentees that I could contact?

Where to stay and how to get there...



Where to Stay

- Embassy Suites Downtown Denver- this is where the symposium is all happening! They have free continental breakfast, a free social hour an onsite bar, free wifi, a pool and more. Contact the Facebook page if you want to find someone to share a room with!



From the airport to the hotel

The airport is a bit far from Downtown Denver and having a game plan will be critical for saving you money and time. But don't worry! The main airport has plenty of airport ambassadors that you can ask question as well. Here are a few options:

- Calling the hotel for a shuttle fee (303)592-1000
- The airport rail- the rail travels to Union Station (0.8 miles from the hotel) and vice versa every 15 minutes from 6AM to 8PM and the every 30 minutes outside of that time. It costs \$9, uses line A and takes about 37 minutes. Then from union station walk .2 miles to 16th st mall and Wynkoop St to catch the mallride bus for 6 stops to 16th St./Stout Station and walk .2 mile to the hotel! This trip takes a total of 58 minutes but saves you a cab fee! For more information and to use a trip planner please visit: <http://www.rtd-denver.com/> and <http://www.denver.org/about-denver/transportation/airport-rail/>



How to get around

- Apps such as Uber and Lyft make getting around much more simple then finding your own taxi. Also, usually your first ride is free from downloading the app! Rates vary per vehicle size and type and distance traveling. Rates start at about \$11. To see more uber example rates for Denver please visit: <http://uberestimate.com/prices/Denver/>
- If you are on a budget Denver has a great public transportation system. Day passes start at \$5. You can use their trip planner website to look up how to get somewhere at <http://www.rtf-Denver.com> or you can call for more details (303) 299-6000



Parking

If you brought your own car the hotel offers valet parking for \$40 a day or Day Parking Rates:
0-4 hours-\$20; 4-8 hours-\$22.
For more information and to check for special deals visit:

<http://embassysuites3.hilton.com/en/hotels/colorado/embassy-suites-by-hilton-denver-downtown-convention-center-DENESES/maps-directions/index.html>

“Where is the best place to go around here?”

And is it close and good?

Yes, don't sweat it the ExCo already reviewed some of the best reviewed places to eat and drink within walking distance of the hotel. Colorado has a lot to offer though and there are plenty more things to experience!

Places to see



Arriving a few days early?

- As a sports provider you have to visit the Colorado Springs Olympic training center! Tours are conducted each hour from 9-4p.m. for \$12.
- Also in Colorado springs visit pikes peak one mile stairs and mantua springs or pig railroad also nearby is garden of the gods hiking area. They list all of this on their website:<http://www.visitcos.com/things-to-do/history-and-heritage/landmarks/us-olympic-training-center-colorado-springs/>
- In Boulder (which is about 40 min north of Denver) you can also hike Flatirons to view unmatched views of Colorado's Rocky Mountains. For more info follow this link:
<http://dayhikesneardenver.com/hike-the-first-second-flatirons-trail-boulder/>.
- Other areas to visit: Red Rocks Park, Buffalo Bill's Grave, Summit Lake. For more information on these areas and Denver Tourism please follow this link: <https://www.denver.org/things-to-do/day-trips-around-colorado/mountain-parks/>

Places to Eat

- **Tag Restaurant**- this restaurant has won a slew of awards for their cuisine based on Chef Troy Guard's experiences in Japan, New York and Hawaii musing it with Colorado fusion. Small plates range around \$15 and large plates \$30. 4*, 0.4 mile walk. You can make reservations on their website tag-restaurant.com
- **La Loma**- a Denver staple restaurant. Family owned Tex-Mex and Mexican favorites featuring award winning dishes. This eatery has extra character of the exposed brick, wooden accents, and large stain glass windows. (Also try their famed barrel-aged tequila). 4.2* and a 0.6 mile walk. You can check out their menu and make reservations at lalomamexican.com
- A pricier option to check out is the **1515 Restaurant**- they won the 2017 Colorado Foodservice award. They specialize in seasonal menus that have superb flavors and delightful presentations. You can also enjoy their in-house sommelier to help you pair perfect wine selections. 4.3* and a 0.5 mile walk. Check out their menu at 1515restaurant.com

Just remember you are downtown! So there are many options and different prices if something on this list doesn't fit your fancy!

Places to relax.



Coffee places

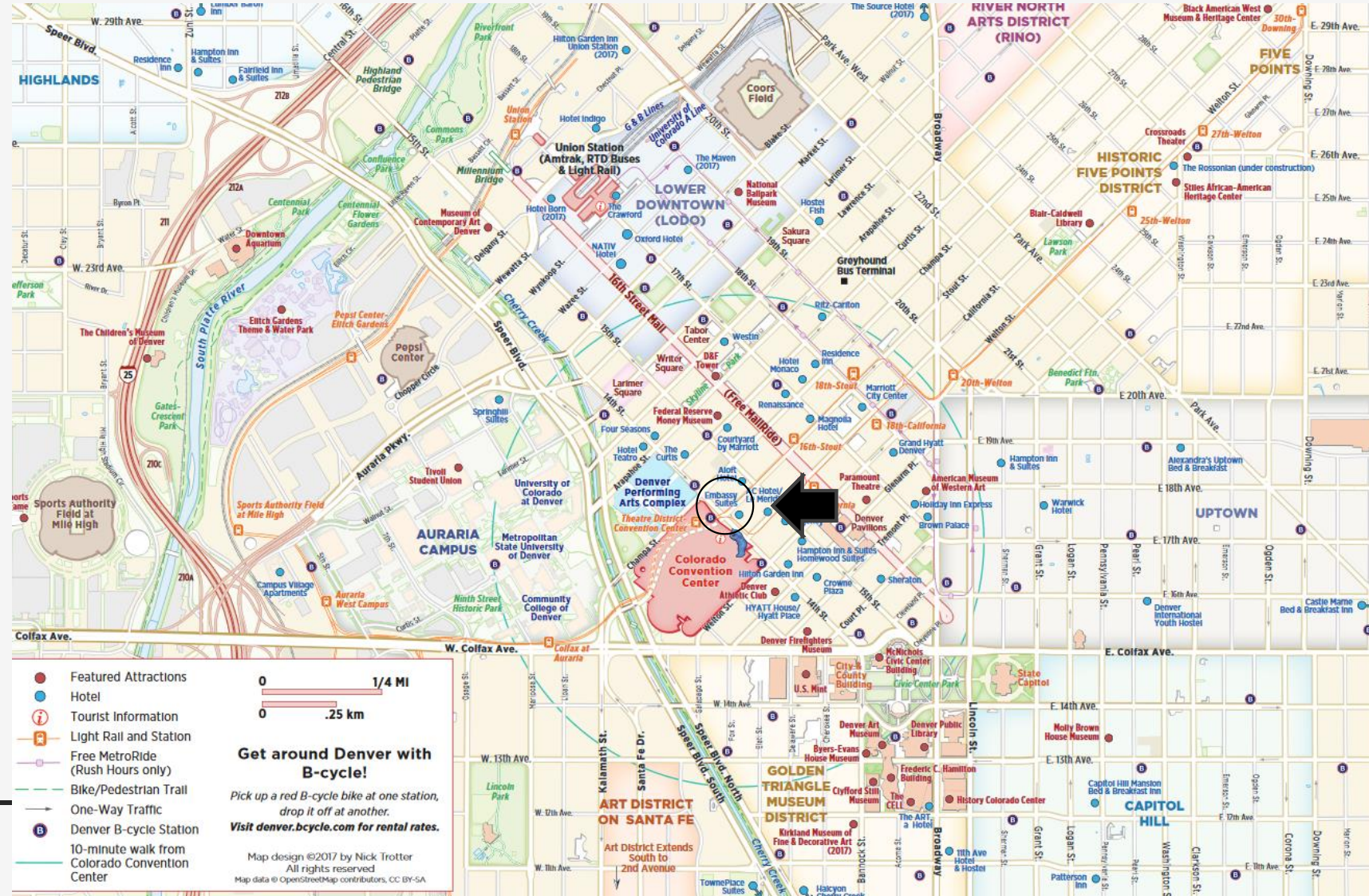
- Caribou coffee- a Midwest favorite coffee stop has teas and smoothies. 4.5* and 0.3 mile walk open 6-7.
- Ink! Coffee- Area chain serving gourmet coffee, sandwiches & sweets in hip, buzzy quarters, plus sidewalk seats. 4.1* and 0.4 mile walk open 6:30-3:30.
- Emily's Coffee- Local shop that is a part of the Emily Griffith School, and it is a business where refugees attain critical work experience. 5* and 0.7 mile walk open 7-1.

Bars

- Popular places include the Great Divide & Viewhouse.
- Union Lodge No. 1 A speakeasy serving glam prohibition inspired cocktails 4.8* 0.2 mile walk open 5PM to 2AM
- Peaks Lounge- 27th story modern lounge on top of the Hyatt Regency offers cocktails, desserts, and panoramic views 4.3* 0.2 mile walk.
- Jagged Mountain Craft Brewery. A hopping no-nonsense brewpub offering an array of housemade craft beers in an industrial space. 4.4* 0.8 miles away open noon to 11PM.
- *Remember you are at a higher altitude in Denver you wont need much to feel it!

Where am I??

(Map of Downtown Denver to the Left, Hotel Convention layouts to the Right)

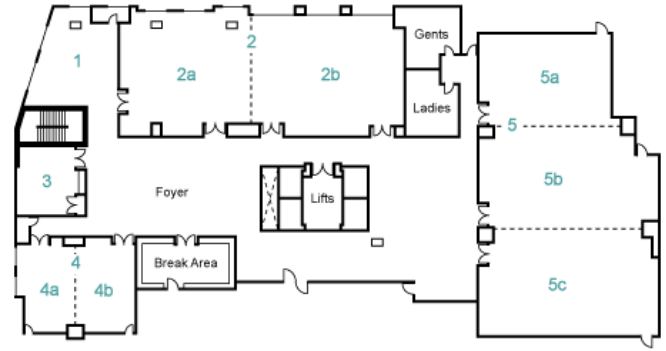


EMBASSY SUITES DENVER DOWNTOWN CONVENTION CENTER - SECOND FLOOR



1. QUARTZ BOARDROOM
2. CRIPPLE CREEK BALLROOM
 2a. CRIPPLE CREEK SALON 2
 2b. CRIPPLE CREEK SALON 2
3. SILVERTON BALLROOM
 3a. SILVERTON SALON 1
 3b. SILVERTON SALON 2
 3c. SILVERTON SALON 3

EMBASSY SUITES DENVER DOWNTOWN CONVENTION CENTER - THIRD FLOOR



1. COLORADO RECEPTION AREA
2. CRESTONE BALLROOM
 2a. CRESTONE SALON B
 2b. CRESTONE SALON B
3. REXFORD ROOM
4. ASPEN ROOM
 4a. ASPEN A
 4b. ASPEN B
5. CRYSTAL BALLROOM
 5a. CRYSTAL SALON A
 5b. CRYSTAL SALON B
 5c. CRYSTAL SALON C

Do you want to be a part of the 2018 Student ExCo?



Want to make a national impact, be a part of team, have your name recognized, and lead students all over the country? If so, you should be a part of the ACASC student executive committee!

There are 5 positions available including:

- President- This person coordinates the whole group and helps voice the students goals to the doctor committee.
- 1st VP- This person helps the doctor and student lead SACASC clubs maintain and grow membership. This individual helps to link students and doctors with the speed networking information.
- 2nd VP- This person works on getting information about the symposium out to different schools and helps raise money and organize the annual symposium.
- Secretary- This person helps everyone stay up to date on information and works on projects such as mission goals and sponsorship.
- Social media chair- This person promotes all the information and opportunities the ACA has going on through social media.
 - More information on the positions can be found on the ACASC website

Interviews for these positions will be taking place during the symposium in October, all application materials due at the beginning of October please email Dr. Moos at emoos@nwhealth.edu

Application materials include but are not limited to:

- An updated CV (good thing you have it for the speed networking event anyways!)
- A letter of intent
- A letter of recommendation from a mentor or professor
- For more specific instructions keep watch over the Facebook page and ACASC website.

What to wear

During the ACASC Symposium Weekend

What we wear as students has a large impact on the message we send the profession about ourselves. First impressions are critical. What you wear is the first thing people see, before you even say a word. That's why it's smart to always think of clothes as tasteful ways to express ourselves without drawing attention to ourselves. We are leaders and we want to express that to our peers and others. It can be tempting to wear that new item in our closets to a new place—it's sort of like a vacation! But, it can be distasteful in the wrong setting. Think of this whole weekend as one big networking interview when you think of what you want to wear. Even if you are on downtime you never know who you could run into! Here are a few basic pointers.



- Midriffs
- Low cut shirts or high cut shorts
- Sweatpants
- Tall Heels
- Anything that makes you look or feel uncomfortable



- Clinic attire
- School Gear
- Blazers—they can dress everything up in a subtle way
- Conservative is the name of the game



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Ready to Register for the symposium???

- The cost for ACA Student members is only \$197! This includes 4 breakout Sessions. The speednetworking event, and a few meals to boot!
- Also, this year they have a refer a friend refund program where you can get \$10 a sign-up under your name (this link appears once you have registered)!
- Talk to your SACA Sports council club on campus if you want to fundraise or learn about group rates for large club commitment.
- Follow this link for more information about the symposium and to register. <http://www.acasc.org/>

2017 ACA Sports Council Symposium

REGISTER

When Where

OCTOBER 13TH - 14TH, 2017 EMBASSY SUITES DOWNTOWN | DENVER, COLORADO

EARLY BIRD REGISTRATION ENDS SEPTEMBER 1ST

The promotional banner features a background image of a city skyline with mountains in the distance. The text is overlaid in white and blue. A blue button with the word 'REGISTER' is prominent. Below the main title, there are two blue boxes labeled 'When' and 'Where'. At the bottom, there is a dark grey bar with white text providing the dates, location, and early bird registration deadline.

Thank you to our Sponsors!!

More to be added soon!

