

DR. POWERS *BASICS*

- Daily Supplement Packs -



DR. POWERS *BASICS* provides unique, evidence-based, daily supplements that virtually everyone *needs* and can take every day to help “reverse” aging; produce energy; and feel their best.

These pre-packaged supplement packets are ideal for someone desiring to take supplements to help fill the more common nutritional gaps in their diet, and don't have the need and/or budget for a customized formula.

DR. POWERS *BASICS* daily supplement packets contain:

- ⇒ The most commonly deficient nutrients revealed after measuring 1000's of patients over 35+ years
- ⇒ Only the highest quality ingredients in safe, effective quantities, and optimal “forms” and ratios
- ⇒ Nutritional dosing at specific times to achieve the greatest benefit (i.e., [chrononutrition](#))
- ⇒ Convenient 30-day supply of daily-dose packets delivered directly to your home for under **\$3 a day**.

DR. POWERS *BASICS* contains enough of the right supplement “support” to make a real and meaningful difference in how you feel ... *while helping you prevent disease!*

DR. POWERS *BASICS* provides:

- ✓ A balanced mix of bioactive vitamins and Albion-chelated minerals to fill inevitable nutritional gaps in the most commonly deficient key areas:
 - **Multi-vitamin/mineral formula = (2) ActivNutrients** (without iron)
 - **Vitamin C = (1) Xcellent C** (add'l 750 mg. of buffered Vitamin C)
 - **Vitamin D = (1) D3 2000** (add'l 2000 IU of natural Vit-D3 as cholecalciferol)
 - **Vitamin E = (1) Xcellent E** (add'l 140 mg of mixed tocopherols; 49 mg mixed tocotrienols)
 - **Magnesium = (1) OptiMag 125** (add'l 125 mg of Albion-chelated Mag. glycinate/malate)
 - **CoQ10 = (1) CoQMax ME** (add'l antioxidant support; 50 mg. of highly absorbable CoQ10)
- ✓ The purest, IFOS, 5-star certified, enteric coated, easily digested fish oil with lots of EPA/DHA
 - **Fish oil = (1) MonoPure MD EC** (equivalent to 1000 mg of EPA/DHA as 500 mg *MaxSimil* oil; plus 50 mg Arthricor Olive Extract)



DR. POWERS *BASICS*:

- Provide you with evidence-based supplements that *you need* to take on a daily basis
- Are ideal for adults over 18 who wish to fill nutrient “gaps” by supplementing their diet
- Is manufactured by *Xymogen, Inc.* for the highest quality, pharmaceutical grade supplements
- Comes conveniently dosed in a packet of **4 pills, taken twice a day** (breakfast and dinner)
- **Cost \$2.97 a day** (\$89 for a 30-day supply) and FREE SHIPPING when **autoship** option selected
- **Dr. Powers *BASICS* may be ordered at:** orders.drpowers@gmail.com

DR. POWERS ESSENTIALS

- Daily Supplement Packs -

DR. POWERS ESSENTIALS contains all the same nutrient support found in **DR. POWERS BASICS**, plus the following additional support:

- ✓ Antioxidant and detoxification support to help neutralize the negative impact of daily toxic exposure
 - **Antioxidant & Detox support = (2) XenoProtX** (high-potency antioxidant/botanical blend)
- ✓ Researched, strain-specific probiotics in therapeutic quantities to promote gut health, improve digestion, and bolster immunity
 - **Probiotic = (1) ProbioMax Daily** (30 billion, Bifidobacteria.; L. acidophilus; and L. plantarum)
- ✓ A key vitamin often deficient, yet critical for both bone and cardiovascular health
 - **Vitamin K2 = (1) K2-45** (45 mcg of Vitamin K2 as MK7)

DR. POWERS ESSENTIALS:

- Fills nutritional needs AND much needed extra **detoxification** and **gut** support
- Is ideal for filling **nutrient “gaps”** and keeping up with daily toxic exposure and digestive insults
- Is manufactured by *Xymogen, Inc.* for the highest quality, pharmaceutical grade supplements
- Comes conveniently dosed in a packet of **6 pills, taken twice a day** (breakfast and dinner)
- **Cost \$4.97 a day** (\$149 for a 30-day supply) and FREE SHIPPING when **autoship** option selected
- **May be ordered at:** orders.drpowers@gmail.com

DR. POWERS ESSENTIALS Plus

- Daily Supplement Packs -

DR. POWERS ESSENTIALS Plus contains all the same support found in **DR. POWERS ESSENTIALS**, only in higher amounts and/or potencies to serve as a periodic 1, 2 or 3-month **booster**, as it contains:

- Doubled dosages of: **Magnesium; Vitamin C; CoQ10;** and **detoxification support**
- 2 ½ times the amount of: **Vitamin D3; EPA/DHA**
- Over 3 times the colony count of: **Probiotics** (100 billion)
- ... plus, additional **Vitamin B12/folate** to support methylation (trust me, this is important!)

This formula is ideal for those who:

- ✓ Prefer to be extra pro-active with respect to protecting and preserving their health
- ✓ Have been dealing with a chronic or recurring health challenge
- ✓ Are not yet ready nor able to schedule a **Customized Level** appointment (includes testing)

Due to the quantity and potency of the support provided by **Dr. Powers ESSENTIALS Plus**, it is only *safe* and therefore recommended to take this formula up to 3-months a year; and only after first taking **Dr. Powers ESSENTIALS** for at least one month (to help your body prepare for the higher dosing).

DR. POWERS ESSENTIALS Plus:

- Serve as a periodic 1 to 3-month **booster** to replenish nutrient deficiencies; and provide additional gut and detoxification support
- Is also manufactured by *Xymogen, Inc.* – the highest quality, pharmaceutical grade supplements
- Comes conveniently dosed in a packet of **8 pills, taken twice a day** (breakfast and dinner)
- **Cost \$7.97 a day** (\$239 for a 30-day supply) and FREE SHIPPING when **autoship** option selected
- **May be ordered at:** orders.drpowers@gmail.com