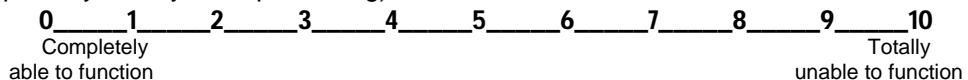


The rating scale below is designed to measure the degree to which several aspects of your life are presently disrupted by your health condition (pain and/or symptoms you may be experiencing). In other words, we would like to know how much your health condition (pain and/or symptoms you may be experiencing) is preventing you from doing what you would normally do. Respond to each category by indicating the overall impact of the pain in your life, not just when the pain is at its worst.

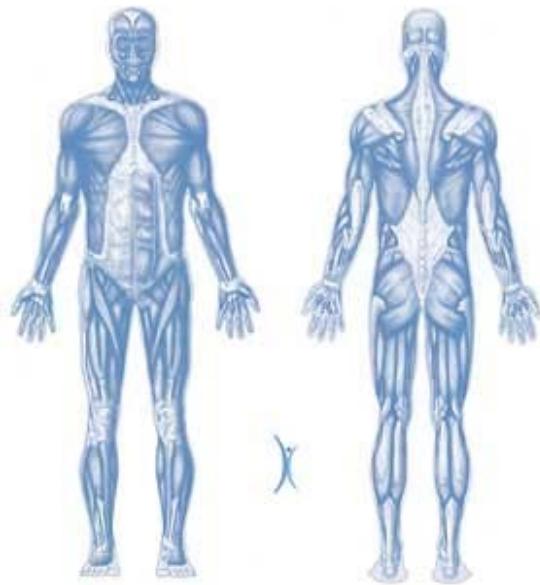
For each of the six categories of daily living listed, PLEASE INDICATE THE NUMBER WHICH BEST DESCRIBES YOUR TYPICAL LEVEL OF ACTIVITIES. 0 means no disability at all and a score of 10 means that all of the activities in which you would normally be involved have been totally disrupted or prevented by your health condition (pain and/or symptoms you may be experiencing).



1. FAMILY/HOME RESPONSIBILITIES: activities related to the home or family including chores and duties performed around the house (yard work, dishes, errands, favors for other family members, driving children to school, etc.) \_\_\_\_\_
  2. RECREATION: hobbies, sports, and other similar leisure time activities. \_\_\_\_\_
  3. SOCIAL ACTIVITIES: activities which involve participation with friends and acquaintances other than family members including parties, theater, concerts, dining out, and other social functions. \_\_\_\_\_
  4. OCCUPATION: activities that are a part of or directly related to ones job, including nonpaying jobs as well, such as that of a homemaker or volunteer worker. \_\_\_\_\_
  5. SELF CARE: activities which involve personal maintenance and independent daily living (taking a shower, driving, getting dressed, etc.) \_\_\_\_\_
  6. LIFE SUPPORT ACTIVITY: basic life supporting behaviors such as eating, sleeping, breathing. \_\_\_\_\_

If you are experiencing any health problems, *please mark the exact location* of your pain on the diagram below. Also describe the type and frequency of your pain. For example, dull, sharp, constant, off and on, when standing, sitting, walking, etc.

**COMPLETE THESE DIAGRAMS**



**Method of payment for today's charges:**  **Cash**  **Check**  **Credit Card**  **Other:** \_\_\_\_\_

NOTICE: NOT ALL PATIENTS REQUIRE X-RAYS TO DETERMINE TYPE AND LENGTH OF CARE.

**Patient's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**ACTIVE BODY CHIRO-CARE**  
5400 ROSECRANS AVE., HAWTHORNE, CA 90250

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Pager \_\_\_\_\_ E-Mail Home \_\_\_\_\_ E-Mail Work \_\_\_\_\_

SSN \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Date of birth \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Male  Female  Single  Married  Divorced  # of children \_\_\_\_\_ Name of spouse or parent \_\_\_\_\_

How were you referred to our office? \_\_\_\_\_

Employer: \_\_\_\_\_ Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Wk ph: \_\_\_\_\_ Occupation: \_\_\_\_\_

Have you ever had chiropractic care before? \_\_\_\_\_ If yes, when? \_\_\_\_\_

If you are experiencing any health problems, please list your chief complaints in order of severity.

1. \_\_\_\_\_ For how long? \_\_\_\_\_

2. \_\_\_\_\_ For how long? \_\_\_\_\_

3. \_\_\_\_\_ For how long? \_\_\_\_\_

List other doctors consulted for these conditions. \_\_\_\_\_

Name of family physician \_\_\_\_\_

Do you ever experience any of these complaints while working? \_\_\_\_\_ If yes, describe what activities at work may be causing you to experience these complaints: \_\_\_\_\_

Are there any other activities, incidents, or events outside of work that may have caused these complaints? \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

If this is due to an injury or accident, what is the date of the injury or accident? \_\_\_\_\_

Has this problem been improving, getting worse, or staying the same? \_\_\_\_\_

What activities make your condition worse? \_\_\_\_\_

Have you ever had any surgeries or hospitalizations? Please list: \_\_\_\_\_

Please list any other injuries or illnesses not listed above: \_\_\_\_\_

Please indicate medications you are currently taking:  Aspirin/Tylenol  Pain Killers  Muscle Relaxers  Insulin  
 Tranquilizers  Birth Control Pills  Others \_\_\_\_\_

Have you been involved in an auto accident in the last 12 months? If yes, when? \_\_\_\_\_

Health Insurance \_\_\_\_\_ Policy Holder \_\_\_\_\_

Claims Address \_\_\_\_\_ Policy Number \_\_\_\_\_

Spouse's Health Insurance \_\_\_\_\_ Policy Holder \_\_\_\_\_

Claims Address \_\_\_\_\_ Policy Number \_\_\_\_\_