

Confidential Patient Health Record

Today's Date: ___/___/___

How did you hear about us? Family _____ Friend _____ Co-Worker _____
 Close to home/work Dr. _____ Advertisement Hospital Insurance Plan

Personal Information

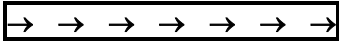
Last: _____ First: _____ Middle: _____
Birth Date: ___/___/___ Age: _____ Sex: Male / Female Social Security #: _____-_____-_____
Marital Status: Single Married Widowed Divorced Separated
Address: _____ Apt # _____
City: _____ State: _____ Zip: _____ County: _____
Home Phone: (_____) _____-_____
Work Phone: (_____) _____-_____
ext _____
Cell Phone: (_____) _____-_____
Fax #: (_____) _____-_____
Email Address: _____ Spouses Name: _____
Children (Names and Ages): _____
Emergency Contact: _____ Relationship: _____ Phone #: _____

Current Health Condition

Unwanted Condition (Why you are here today?): _____

Use the letters BELOW to indicate the TYPE and LOCATION of your sensations right now.

PLEASE LABEL ON THE DIAGRAM THE AREA OF DISCOMFORT

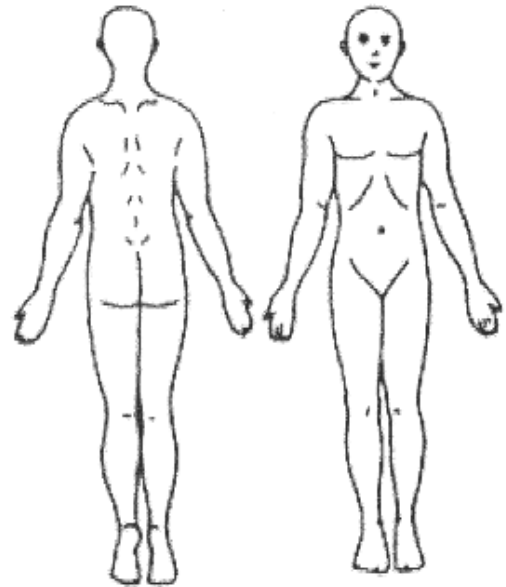


Key: A=Ache B=Burning N = Numbness
P=Pins & Needles S=Stabbing

When did this Condition BEGIN? ___/___/___
Has it ever occurred before? Yes No. When? _____
Is the Condition: Auto Related Job Related Home Injury
 Slip or Fall Lifting Slept Wrong Unknown Cause Other
Explain: _____

Date of Accident: _____
Time of Accident: _____ am /pm

Do you SUFFER with ANY OTHER Condition than which you are now consulting us?



Condition: New → Acute or Chronic
 Recurrence (Acute) Exacerbation (Acute) Chronic

Description of Onset of Complaint: _____

Current Symptoms: Pain Numbness Stiffness Weakness

Location: LEFT RIGHT Bilateral

Quality: Burning Diffuse Dull/Aching Localized Radiating Sharp Shooting
 Stabbing Throbbing Tightness Tingling Other _____

Level of Impairment Due to Symptoms (Resting):

0 1 2 3 4 5 6 7 8 9 10

Level of Impairment Due to Symptoms (With Activity):

0 1 2 3 4 5 6 7 8 9 10

Timing: Worse: Morning Afternoon Night with Activity; Constant Intermittent

Context: Better with: Warm Temp Cold Temp **Worse with:** Warm Temp Cold Temp Damp

Assoc Signs and Symptoms: Blurred Vision Depression Dizziness Irritability/Mood Swing Localized Tingling Nausea
 Ringing in Ears Sleep Disturbance Stiffness

Radiation: Left Right Bilateral **Weakness:** Left Right Bilateral

Other Assoc Signs and Symptoms: _____

Modifying Factors:

Symptoms Better With: nothing helps activity bending applying cold applying heat
 massage movement OTC meds Rx meds rest
 stretching sitting standing twisting walking

Symptoms Worse With: (as noted in Social History)

Since condition began, has anything permanently helped you? YES NO

Has anything that you have done, thus far, fixed your problem? YES NO

Employment:

Occupation/Job Title: _____ Work: _____ hrs / day or week

Description of Work: _____

Condition's Effect On Job Performance:

Mild Painful (Can do) Mod Painful (limited ability) Mod/Severe Limited Duty Severe No Limited Duty Severe (can't do limited duty)

Daily Activities: Effects of Current Condition on Performance

Bending: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Change Posn-Sit-Stand: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Driving: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Extended Computer use: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Household Chores: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Lift Children: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Lifting: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Reading -Concentration: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Sitting: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Standing: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Walking: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform
Yard Work: No Effect Mild Painful (Can do) Mod Painful (Limited) Severe Unable to Perform

Recreational Activity: Effects of Current Condition on Performance

- _____ **No Effect** **Mild Painful (Can do)** **Mod Painful (Limited)** **Severe Unable to Perform**
 _____ **No Effect** **Mild Painful (Can do)** **Mod Painful (Limited)** **Severe Unable to Perform**

PAST HEALTH HISTORY – Fill out carefully as these problems can affect your overall course of care.

Previous Care for this Same Condition:

I have not previously seen a doctor for this condition OR Fill in the information BELOW

Have you seen other doctors for THIS CONDITION? Yes No. If yes, Who? (Name) _____

Type of Treatment: _____ Were you satisfied with the results of your treatment? Yes No

Explain: _____

Current Medication (s) and vitamins, minerals or herbs - List ANY/ALL you are CURRENTLY taking. Be Specific.

Injury (ies): List All Injuries. Write the DATE of the Injury immediately afterward.

Non-Drug Allergies: Please list any known non-drug allergies below.

Adult Illness (es): LIST all health conditions.

Surgery (ies): LIST All Surgical Procedures. Write the DATE of the Procedure immediately afterward.

REVIEW OF SYSTEMS -Below is a list of symptoms that may seem unrelated to the purpose of your appointment.

However, these questions must be answered carefully as the problems can affect your overall course of care. **Check what may apply to you; if none apply, check the "I DENY" box.**

Constitutional (General): I DENY having or have had any of the symptoms or problems listed below.

- chills fever fatigue weight loss weight gain daytime drowsiness night sweats

Eyes/Vision: I DENY having any of the symptoms or problems listed below.

- blindness eye pain change in vision field cuts photophobia itching
 blurred vision double vision glaucoma tearing cataracts

Ears, Nose and Throat: I DENY having any of the symptoms or problems listed below.

- bleeding nasal congestion hearing loss nosebleeds sore throat
 dentures ear pain ear drainage history of head injury postnasal drip tinnitus
 difficulty swallowing fainting headaches hoarseness snoring rhinorrhea TMJ problems
 discharge frequent sore throats loss of sense of smell sinus infections dizziness

Respiration: I DENY having any of the symptoms or problems listed below.

- asthma coughing up blood shortness of breath wheezing

Cardiovascular: I DENY having any of the symptoms or problems listed below.

- angina (chest pain or discomfort)
- shortness of breath with exertion or exercise
- heart problems
- paroxysmal nocturnal dyspnea
- low blood pressure
- high blood pressure
- swelling of legs
- claudication (leg pain/ache)
- orthopnea (difficulty breathing lying down)
- ulcers
- varicose veins
- heart murmur
- palpitations

Gastrointestinal: I DENY having any of the symptoms or problems listed below.

- abdominal pain
- diarrhea
- nausea
- indigestion
- abnormal stool caliber
- vomiting blood
- vomiting
- jaundice
- abnormal stool color
- hemorrhoids
- difficulty swallowing
- constipation

Endocrine: I DENY having any of the symptoms or problems listed below.

- cold intolerance
- excessive hunger
- excessive thirst
- goiter
- diabetes
- unusual hair growth
- heat intolerance
- abnormal frequency of urination
- hair loss
- voice changes

Skin: I DENY having any of the symptoms or problems listed below.

- changes in nail texture
- hair loss
- hair growth
- history of skin disorders
- skin lesions / ulcers
- changes in skin color
- hives
- itching
- rash
- paresthesias
- varicosities

Nervous System: I DENY having any of the symptoms or problems listed below.

- dizziness
- limb weakness
- numbness
- slurred speech
- tremor
- facial weakness
- loss of consciousness
- seizures
- stress
- loss of balance
- headache
- loss of memory
- sleep disturbance
- strokes

Psychologic: I DENY having any of the symptoms or problems listed below.

- anhedonia
- loss or change in appetite
- behavioral change
- convulsions
- memory loss
- anxiety
- confusion
- insomnia
- bi-polar disorder
- depression
- mood change

Allergy: I DENY having any of the symptoms or problems listed below.

- anaphylaxis
- food intolerance
- acute nasal congestion
- chronic nasal congestion
- sneezing

Hematological: I DENY having any of the symptoms or problems listed below.

- anemia
- bleeding
- fatigue
- blood clotting
- bruising easily
- lymph node swelling

Male: I DENY having any of the symptoms or problems listed below.

- burning urination
- frequent urination
- prostate problems
- urine retention
- erectile dysfunction
- hesitancy/dribbling

Female: I DENY having any of the symptoms/problems and/or using any of the items listed below.

- birth control
- cramps
- hormone therapy
- irregular menstruation
- vaginal bleeding
- breast lumps/pain
- frequent urination
- pregnancy
- urine retention
- vaginal discharge

Family History: Mark all that apply below. List any specific conditions past or present after has/had:

- father alive deceased normally developed no significant disease has/had: _____
- mother alive deceased normally developed no significant disease has/had: _____

Social History: Mark all that apply below.

Alcohol: do not drink alcohol social consumption only drink the following regularly (mark below)

Quantity of _____ oz./glasses per day week month

Substance: never used illegal drugs has not used illegal drugs since _____.

never used IV drugs used illegal drugs for _____ (how long?)

Tobacco: Do not use Type _____ Amount _____

Insurance Information:

Do you have health insurance: NO YES Name of party responsible for payment: _____ Phone #: _____

PRIMARY Health Insurance Carrier: _____

Policy Holder's Name: _____ Relationship to you: SAME Spouse Child Other: _____

Policy Holder's Date of Birth: ___ / ___ / ____ Subscriber ID #: _____ Group #: _____

SECONDARY / SUPPLEMENTAL Health Insurance Carrier: _____

Policy Holder's Name: _____ Relationship to you: SAME Spouse Child Other: _____

Policy Holder's Date of Birth: ___ / ___ / ____ Subscriber ID #: _____ Group #: _____

AUTO ACCIDENT / WORKERS COMP Additional information is needed; please complete Personal Injury / Worker's Comp forms

Auto Accident Work Related Injury

Insurance Company: _____ Contact Person / Attorney: _____

Phone #: _____ Claim #: _____

I understand and agree that health insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that the Living Tree Center for Healing will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to the Living Tree Center for Healing will be credited to my account upon receipt. I also understand that if I suspend or terminate my care or treatment, any fees for professional services rendered me will be immediately due and payable. As the patient I also agree that I am fully responsible for all bills incurred at this office. We are not a Medicaid Provider and do not accept Medicaid, any services incurred will be patient responsibility.

Patient Print Name: _____

Patient's Signature: _____ Date: _____

Parent/Guardian or Spouse's Signature of Authorizing Care: _____ Date: _____

SECTION A. INFORMED CONSENT

I hereby request and consent to the performance of chiropractic adjustments, Acupuncture and other chiropractic procedures, including various modes of physical therapy, massage and diagnostic X-rays, on me (or on the patient named below, for whom I am legally responsible) by the doctor of chiropractic named below and/or other licensed doctors of chiropractic and/ or massage therapist who now or in the future work at the clinic or office listed below or any other office or clinic.

I have had an opportunity to discuss with the doctor(s) or therapists of Living Tree Center for Healing and/or with other office or clinic personnel the nature and purpose of chiropractic adjustments, Acupuncture and other procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are rare but possible risks to treatment, including but not limited to muscle soreness, pain, fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications as all procedures carry some risk. I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her is in my best interest.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) of which I seek treatment.

SECTION B. PRIVACY PRACTICE INFORMATION (HIPPA)

To obtain more information about your privacy rights or if you have questions you want answered about your privacy rights (as provided by Privacy Rule Section 164.520(b)(2)(vii)), you may contact the Practice's Privacy Officer as follows:

NAME: Nigel Brayer
ADDRESS: 11443 State Road
North Royalton, Ohio 44133
PHONE: (440)877-9440

PRACTICE'S REQUIREMENTS

The Practice is required by federal law to maintain the privacy of your PHI and to provide you with this Privacy Notice detailing the Practice's legal duties and privacy practices with respect to your PHI.

- a) Under the Privacy Rule, may be required by state law to grant greater access or maintain greater restrictions on the use or release of your PHI than that which is provided under federal law.
- b) Is required to abide by the terms of this Privacy Notice.
- c) Reserves the reserves the right to change the terms of this Privacy Notice and to make the new Privacy Notice provisions effective for all of your PHI that it maintains.
- d) Will distribute any revised Privacy Notice to you prior to implementation.
- e) Will not retaliate against you for filing a complaint.

I understand that under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA"), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Treatment (including direct or indirect treatment by other healthcare providers involved in my treatment)
- Obtaining payment from third party payers (e.g. my insurance company)
- The day to day healthcare operations of your practice

I have also been informed of, and given the right to review and secure a copy of your *Notices of Privacy Practice*, which contains a more complete description of the uses and disclosures of my protected health information, and my rights under HIPAA. I understand that you reserve the right to change the terms of this notice from time to time and that I may contact you at any time to obtain the most current copy of this notice.

I understand that I may revoke this consent, in writing, at any time. However, any use or Disclosure that occurred prior to the date I revoke that consent is not affected.

EFFECTIVE DATE

This notice is in effect as of April 15, 2003.

SECTION C. POLICIES FOR PATIENTS

To help you receive our best, all patients are accepted for care based on the following policies by signing you agree to policies below:

- Appointment Scheduling:** To save you time on each visit we ask that you pre-schedule your appointments in advance and that you refrain from repeatedly rescheduling appointments. In order to keep your progress on schedule, rescheduled appointments should be made up within 48 hours of the original scheduled time.
- Broken Appointments:** There is a \$15 fee for a missed or forgotten chiropractic appointment. To keep your progress on schedule, missed appointments should be made up within 48 hours. If you repeatedly miss or reschedule appointments or we must continually call you to reschedule, we will regretfully need to discharge you from our care. **Any massage, acupuncture or nutritional appointment that is not rescheduled or canceled with less than 24 hours notice, the total cost of appointment will still be owed.**
- Financial Agreements:** It is your payment that allows us to continue providing high levels of professional care, maintain our facility and pay our staff. If for any reason you cannot keep your financial agreement, please inform us immediately to eliminate any misunderstandings. If you have the desire to receive care in our office, we will make every attempt to make affordable arrangements. Balance in full must be paid upon dismissal unless other arrangements have been made. **A 5% service charge will be added monthly to any unpaid balance.**
I understand if I purchase any prepaid or discounted services (these are services additionally discounted when prepaid) these will expire in 2 years from time of purchase. A refund can be requested within 14 days from the date

of purchasing a prepaid package, all refund requests must be made in writing within 14 days, after that all monies can be used towards services in the office **no refunds will be given**. I understand that after 2 years I forfeit any prepaid plan, or discounted treatment plan monies on my account.
I also understand that any additional treatments on my first visit beyond an evaluation and possible x-rays are an additional fee. This includes, a physical chiropractic adjustment, hot/cold therapy, exercise, Acupuncture, massage therapy or any supplements or additional services.

By my signature below, I have read and agree to the terms in the above sections A-C of the Living Tree Center for Healings' Confidential Patient Health Record forms, covering Living Tree Center for Healing's Informed Consent (Section A), Privacy Practice Information (HIPAA) (Section B) and Policies for Patients (Section C).

Patient Signature _____ **Date** _____

Parent / Guardian Signature _____ **Date** _____

Staff Initials: _____

OFFICE USE ONLY

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices, but Acknowledgement could not be obtained because:

- Individual refused to sign
- Communications barriers prohibited obtaining that acknowledgement
- An emergency situation prevented us from obtaining acknowledgement
- Other (Please Specify) _____

Date: _____ Initials: _____ Explanation: _____

VERIFICATION OF NON-PREGNANCY

Date: _____

Patient's Name: _____

Date of Birth: _____

By my signature on this form, I do hereby state that, to the best of my knowledge, I am NOT pregnant, nor is pregnancy suspected or confirmed at this particular time.

PATIENT SIGNATURE: _____

WITNESS: _____

Functional Rating Index

For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities. For each item below, **please circle the number which most closely describes your condition right now.**

<p>1. Pain Intensity</p> <p>0 1 2 3 4</p> <p>No pain Mild pain Moderate pain Severe pain Worst possible pain</p>	<p>6. Recreation</p> <p>0 1 2 3 4</p> <p>Can do all activities Can do most activities Can do some activities Can do a few activities Cannot do any activities</p>
<p>2. Sleeping</p> <p>0 1 2 3 4</p> <p>Perfect sleep Mildly disturbed sleep Moderately disturbed sleep Greatly disturbed sleep Totally disturbed sleep</p>	<p>7. Frequency of pain</p> <p>0 1 2 3 4</p> <p>No pain Occasional pain; 25% of the day Intermittent pain; 50% of the day Frequent pain; 75% of the day Constant pain; 100% of the day</p>
<p>3. Personal Care (washing, dressing, etc.)</p> <p>0 1 2 3 4</p> <p>No restrictions Mild pain; no restrictions Moderate pain; need to go slowly Moderate pain; need some assistance Severe pain; need 100% assistance</p>	<p>8. Lifting</p> <p>0 1 2 3 4</p> <p>No pain with heavy weight Increased pain with heavy weight Increased pain with moderate weight Increased pain with light weight Increased pain with any weight</p>
<p>4. Travel (driving, etc.)</p> <p>0 1 2 3 4</p> <p>No pain on long trips Mild pain on long trips Moderate pain on long trips Moderate pain on short trips Severe pain on short trips</p>	<p>9. Walking</p> <p>0 1 2 3 4</p> <p>No pain; any distance Increased pain after 1 mile Increased pain after 1/2 mile Increased pain after 1/4 mile Increased pain with all walking</p>
<p>5. Work</p> <p>0 1 2 3 4</p> <p>Can do usual work plus unlimited extra work Can do usual work; no extra work Can do 50% of usual work Can do 25% of usual work Cannot work</p>	<p>10. Standing</p> <p>0 1 2 3 4</p> <p>No pain after several hours Increased pain after several hours Increased pain after 1 hour Increased pain after 1/2 hour Increased pain with any standing</p>

Name _____ **PRINTED** _____ **Total Score** _____

Signature _____ **Date** _____

