Please Copy for Your Patients

Cataplex B₁₂ Contains Vitamin B₁₂, Calcium, Porcine Stomach Parenchyma, Ascorbic Acid, and Carrot Root to Help Maintain Healthy Nervous, Hematological, Skeletal, and Cellular Functions

Cataplex B_{12} helps maintain healthy nervous, hematological, skeletal, and cellular functions. The vitamin B_{12} , carrot root, and calcium found in this product help maintain healthy red blood cell function, normal nerve-tissue synthesis, and other cellular functions. Porcine stomach parenchyma contains intrinsic factor, a substance which helps the body absorb cyanocobalamin (vitamin B_{12}).

Cyanocobalamin is an essential nutrient involved in metabolizing proteins, fats, and carbohydrates. It is also necessary for normal metabolism of nerve tissue and folic acid metabolism. Carrot root provides beta carotene and several other antioxidants to help protect cells from the effects of free radicals.†

How Cataplex B₁₂ Keeps You Healthy

Supports healthy red blood cell production

Cataplex B_{12} can help support red blood cell growth by providing adequate levels of vitamin B_{12} , which helps red blood cells to mature.

Supports healthy nervous and skeletal system function

Vitamin B_{12} helps maintain healthy nerve growth and development by supporting the fatty tissues that envelop and protect nerve endings. Vitamin B_{12} is connected to the production of neurotransmitters that enhance memory and learning. Vitamin B_{12} also has been used to help support healthy bones. Cataplex B_{12} contains dicalcium phosphate. The calcium and phosphorus in this compound are important to the healthy formation and maintenance of bones, gums, and teeth.†

Promotes healthy cellular function

Cataplex B_{12} contains vitamins, minerals, and nutrients that work in concert to protect cellular processes from environmental stress. Carrot root contains vitamins B_{12} and C, plus provitamin A. This natural source of vitamins and antioxidants helps protect the cells of the body from oxidation caused by free radicals. Vitamin B_{12} helps facilitate endocrine function and plays an important role in folic acid metabolism. Vitamin B_{12} contains cobalt and phosphorus, two minerals that are important in cellular function.†



Introduced in:
1950
Content:
90 Tablets

Supplement Facts:

Serving Size: 1 tablet Servings per Container: 90

%DV

 $\begin{array}{ccc} \text{Calories} & 2 \\ \text{Vitamin B}_{12} & 6 \text{ mcg} & 100\% \\ \end{array}$

Cataplex® B₁₂ 1



Cataplex® B₁₂

What Makes Cataplex B₁₂ Unique

Unique Product Attributes

Ingredients are derived from whole-food sources

· Porcine stomach parenchyma contains intrinsic factor which promotes the healthy absorption of cyanocobalamin (vitamin B₁₂)†

Multiple nutrients from a variety of plant and animal sources

· Porcine stomach parenchyma and carrot root provide naturally-occurring intrinsic factor, vitamins, and minerals†

Certified Organic Farming

A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and by-products from our processing, practicing strict weed control standards, and continually monitoring the health of our plants

- · Assures the soil is laden with minerals and nutrients
- Ensures plants are nutritionally complete and free from synthetic pesticides

Unique Processing

Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

Preserves nutritional integrity

Exclusive low-temperature, high-vacuum drying technique

• Preserves the enzymatic vitality and nutritional potential of ingredients

Not disassociated into isolated components

• The nutrients in Cataplex B₁₂ are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

· Ensures consistent quality and safety

Vitamin and mineral analyses validate product content and specifications

· Assures high-quality essential nutrients are delivered

Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature-in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists-known and unknown-bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Proprietary Blend: Carrot (root), bovine liver, calcium lactate, porcine stomach parenchyma, bovine spleen, ovine spleen, bovine adrenal Cytosol™ extract, dicalcium phosphate, oat flour, and ascorbic acid.

Other Ingredients: Cellulose, honey, and cyanocobalamin.

Suggested Use: One tablet per day, or

Sold to health care professionals.

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Cataplex $^{\circ}B_{12}$.

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