

# Cataplex® GTF

4675

Please Copy for Your Patients

## Cataplex GTF Contains Chromium, Niacin, Potassium, and Vitamins A and C to Help Maintain Healthy Cellular and Cardiovascular Functions

Cataplex GTF contains chromium, an essential trace mineral that helps maintain normal blood sugar and lipid levels in conjunction with a well-balanced diet in persons with normal lipid levels. Chromium and niacin are primary components of the Glucose Tolerance Factor (GTF). GTF is a molecular complex that supports the body's natural insulin activity by aiding the transport of glucose into cells. The natural insulin molecule must maintain its shape in order for it to effectively transport glucose into cells. Chromium enhances the activity of the body's natural insulin by helping maintain the molecule's proper shape. Cataplex GTF also contains Cytosol™ extracts that help restore the integrity of the organs important to glucose and lipid metabolism. Cardiovascular function is supported by vitamins and minerals contained in Cataplex GTF.†

## How Cataplex GTF Keeps You Healthy

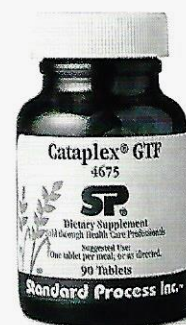
### Promotes healthy cellular function

Cataplex GTF contains the biologically active form of chromium, chromium III. Other forms of chromium contain an electrical charge that is repelled by the body's cells, making entry into cells difficult. Niacin, another ingredient of Cataplex GTF, is a component of the Glucose Tolerance Factor (GTF), adding to the total bioavailability of this essential mineral. Tissue extracts contained in Cataplex GTF support the pancreas, liver, and adrenals by providing specific bovine organ proteins that support the body's organs and glandular tissues. Healthy metabolism of glucose and lipids requires that these organs and glands remain in optimum health.

Cataplex GTF also contains potassium, which is directly involved in the synthesis of proteins, the maintenance of pH balance, and the regulation of water in the blood and body tissues. Other ingredients of Cataplex GTF, including niacin and vitamin complexes A and C, help maintain healthy cellular function by acting as strong antioxidants and by participating in protein and RNA synthesis. They are also important coenzymes.†

### Supports cardiovascular health

In addition to providing bioactive chromium, the niacin and vitamin C in Cataplex GTF work together to maintain a healthy heart and circulation. Studies demonstrate that vitamin C plays an important role in helping to maintain normal cholesterol metabolism in healthy individuals with normal levels.†



**Introduced in:**

1981

**Content:**

90 Tablets

### Supplement Facts:

Serving Size: 1 tablet  
Servings per Container: 90

		%DV
Calories	2	
Vitamin A	500 IU	10%
Vitamin C	1.6 mg	2%
Niacin	9.5 mg	50%
Chromium	48 mcg	40%

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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Cataplex® GTF

## What Makes Cataplex GTF Unique

### Unique Product Attributes

#### Ingredients are derived from whole-food sources

- Bovine liver and chromium yeast in Cataplex GTF provide optimal bioavailable chromium†

#### Multiple nutrients from a variety of plant and animal sources

- Extracts from bovine tissues provide nutrients and support to the corresponding tissues in humans
- Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect†

### Certified Organic Farming

A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and by-products from our processing, practicing strict weed control standards, and continually monitoring the health of our plants

- Assures the soil is laden with minerals and nutrients
- Ensures plants are nutritionally complete and free from synthetic pesticides

### Unique Processing

#### Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

- Preserves nutritional integrity

#### Exclusive low-temperature, high-vacuum drying technique

- Preserves the enzymatic vitality and nutritional potential of ingredients

#### Not disassociated into isolated components

- The nutrients in Cataplex GTF are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

- Ensures consistent quality and safety

#### Vitamin and mineral analyses validate product content and specifications

- Assures high-quality essential nutrients are delivered

### Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

**Proprietary Blend:** Bovine liver, nutritional yeast, dried buckwheat juice, buckwheat (seed), bovine pancreas Cytosol™ extract, inositol, l-cysteine hydrochloride, bovine adrenal Cytosol™ extract, and oat flour.

**Other Ingredients:** Honey, chromium yeast, niacinamide, ascorbic acid, calcium stearate, and vitamin A palmitate.

**Suggested Use:** One tablet per meal, or as directed.

**Sold to health care professionals.**

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Cataplex® GTF.

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