

# Ginkgo Synergy®

4625

Please Copy for Your Patients

## Ginkgo Synergy Combines Phytonutrients From Herbs and Other Whole Food Sources to Support Healthy Brain Function

The human brain is the "control center" for the entire body and contains highly-specialized cells that coordinate and regulate all functions. The brainstem, for example, is responsible for life-sustaining functions. Respiration and blood pressure regulation are directly under the control of the brainstem. The pituitary gland is often referred to as the master gland of the body. It releases multiple hormones or chemicals that are released into the blood and travel to the part of the body where they carry out a particular task. Two of these important pituitary hormones are the thyroid stimulating hormone (TSH), which controls the thyroid gland, and the growth hormone (GH), which initiates cell division and growth. Certain parts of the brain control specific functions. Voluntary movements are controlled by cells found in portions of the frontal lobes, while mechanisms for language and some of the other sensory functions are processed through parts of the parietal lobes. Nerve pathways for movement and sensation cross the midline of the brain, causing the right side of the brain to control the left side of the body and vice versa. For example, right-handed people have a dominant left side of the brain. Our ability to solve problems and remember things is all made possible by cells in the brain. Adequate blood and oxygen supply to brain cells promotes and supports healthy brain function at any age.

## How Ginkgo Synergy Keeps You Healthy

### Supports healthy brain function

*Ginkgo biloba* works to support brain function by helping supply brain cells with rich, oxygenated blood. Buckwheat contains multiple vitamin complexes, including the vitamin P complex that contains both naturally-occurring rutin and other bioflavonoids. Lecithin makes up the protective sheaths that envelop the brain and helps improve brain function. Gotu kola stimulates the central nervous system, supports healthy memory, and helps maintain alertness. Grape seed extract contributes oligomeric proanthocyanidins (OPC)—the strongest antioxidant discovered to date. One of OPC's most desirable properties is its ability to penetrate both aqueous and lipid cellular membranes. It can cross the blood-brain barrier and enter brain tissue to provide antioxidant protection to brain tissue.†

### Promotes vascular integrity and provides antioxidant protection

Rutin and other bioflavonoids found in buckwheat promote circulation and help maintain normal cholesterol levels within normal range for individuals with healthy levels. The vitamin P complex in buckwheat contains compounds that strengthen capillary walls and encourage efficient capillary permeability. Lecithin works as an emulsifying agent to help keep blood vessels patent. Gotu kola encourages elimination of excess fluid to help support healthy circulation.†



**Introduced in:**

2000

**Content:**

40 Capsules

### Supplement Facts:

Serving Size: 1 capsule  
Servings per Container: 40

	%DV
Calories	2
<i>Ginkgo biloba</i> (Leaf) Extract (24% Flavoglycosides)	60 mg
<i>Ginkgo biloba</i> Whole (Leaf)	40 mg
Grape (Seed) Extract (Masquelier's® Original OPC Included)	20 mg

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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# Ginkgo Synergy®

## What Makes Ginkgo Synergy Unique

### Unique Product Attributes

#### This is a vegetarian product

#### Maximizes circulatory and antioxidant effect from combining synergistic cofactors of specific herbs with whole-food sources

- Includes the whole leaf of *Ginkgo biloba* with 24% flavonglycosides
- Grape seed extract, including Masquelier's® Original OPC, contains the highest percentage of OPC
- Contains gotu kola leaf
- Includes buckwheat seed and juice

### Certified Organic Farming

#### A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and by-products from our processing, practicing strict weed control standards, and continually monitoring the health of our plants

- Assures the soil is laden with minerals and nutrients
- Ensures plants are nutritionally complete and free from synthetic pesticides

### Unique Processing

#### Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

- Preserves nutritional integrity

#### Exclusive low-temperature, high-vacuum drying technique

- Preserves the enzymatic vitality and nutritional potential of ingredients

#### Not disassociated into isolated components

- The nutrients in Ginkgo Synergy are processed to remain intact, complete nutritional compounds

#### Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

- Ensures consistent quality and safety

#### Vitamin and mineral analyses validate product content and specifications

- Assures high-quality essential nutrients are delivered

### Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

**Proprietary Blend:** Gotu kola (leaf) (*Centella asiatica*), buckwheat juice (leaf), buckwheat (seed), and soybean lecithin powder.

**Other Ingredients:** Cellulose, water, and calcium stearate.

**Suggested Use:** One capsule per day, or as directed.

**Caution:** Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

**Sold to health care professionals.**

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Ginkgo Synergy®.

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