

Senaplex[®]

7350

Please Copy for Your Patients

Senaplex Helps Meet the Nutritional Demands of the Aging Body Through a Unique Combination of Vitamins, Minerals, and Other Phytonutrients

Just as growing children, pregnant and menopausal women, and athletes all require varying amounts of different vitamins and minerals during nutritionally-demanding periods in their lives, seniors have special nutritional needs. As we age, a number of factors may contribute to a failure to take in or assimilate vital nutrients. While aging adults need fewer calories as they grow older due to a decrease in metabolic rate and some decline in activity, they require the same amounts of important nutrients, such as proteins, vitamins, and minerals. However, a number of things can keep seniors from getting the nutrition their bodies consistently need. Many older people live on fixed incomes, no longer drive, or are unaware of the types and quantities of foods they should eat in order to obtain vital nutrients. Certain physical ailments, dental problems, diminished senses of taste and smell, slower digestive action, food and drug interactions, and absorption problems can further compromise the older individual's nutritional status.

How Senaplex Keeps You Healthy

Supports a healthy nervous system

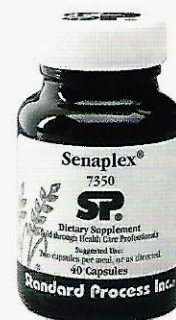
Nutritional yeast is a source of B-complex vitamins, amino acids, and minerals. B-complex vitamins support healthy nerves and brain function. Choline and calcium promote proper nerve impulse transmission between the brain and central nervous system. Glutamic acid is an important amino acid used by the brain as fuel. Inositol has a calming influence on the nerves and assists in forming lecithin. Lecithin makes up a good deal of the protective sheaths that surround the brain.†

Promotes calcium absorption

Calcium is needed to keep bones and teeth strong and the heart and vessels healthy. It is also required for muscle growth and contraction. Calcium absorption relies on a number of factors for optimal absorption. The amino acid lysine is needed for calcium absorption and is found in both soy and yeast. Vitamin D, found in alfalfa, is needed for calcium utilization. Silicon, found in carrot root, accelerates calcium absorption. Calcium lactate is a highly-bioavailable form of calcium. Wheat germ provides vitamins E and B complex, calcium, magnesium, phosphorus, and several trace elements.†

Maintains cellular health

Essential fatty acids are needed by every living cell in the body to produce new cells and to maintain healthy cells. The vitamins and minerals found in Senaplex are natural antioxidants that help protect cells from damage caused by free radicals. Betaine hydrochloride is a compound that performs important metabolic functions at the cellular level. Lecithin, a type of lipid, is found in every living cell membrane.†



Introduced in:

1959

Content:

40 Capsules

Supplement Facts:

Serving Size: 2 capsules
Servings per Container: 20

		%DV
Calories	4	
Vitamin A	390 IU	8%
Riboflavin	0.1 mg	6%
Niacin	4 mg	20%
Vitamin D	135 IU	35%
Vitamin B ₆	1.2 mg	60%
Vitamin B ₁₂	0.6 mcg	10%



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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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