Hormone Symptom Key For Men







ALL INDIVIDUALS

0 0 2 3 Difficulty Concentrating	0 0 2 3 Excessive Worry	0 0 2 3 Constipation	0 0 0 3 Weight Gain-Waist
00000 Increased Forgetfulness	0 0 2 3 Difficulty Falling Asleep	0 0 2 3 Goiter	0 0 0 3 High Cholesterol
0000 Foggy Thinking	0 0 2 3 Difficulty Staying Asleep	0023 Cold Body Temperature	0 0 2 3 Elevated Triglycerides
0 0 2 3 Tearful	0 0 2 3 Decreased Stamina	00000 Hoarseness	0 0 2 3 Decreased Libido
0 0 2 3 Depressed	0 0 2 3 Diminished Motivation	0 0 2 3 Hair Dry or Brittle	0 0 2 3 Decreased Muscle Mass
0000 Mood Swings	0023 Fibromyalgia	0 0 2 3 Nails Breaking or Brittle	0 0 2 3 Decreased Flexibility
0000 Fluid Retention / Bloating	g 0000 Ringing in Ears	0 0 2 3 Slow Pulse Rate	0 0 2 3 Burned Out Feeling
0 0 2 3 Stress	0000 Allergies	0 0 2 3 Rapid Heartbeat	0 0 2 3 Sore Muscles
0 0 2 3 Anxious	0000 Headaches/Migraines	0023 Heart Fluttering/Palpitations	
0 0 2 3 Irritable	0 0 2 3 Dizzy Spells	00000 Incontinence	0 0 2 3 Neck or Back Pain
0 0 2 3 Nervous	0 0 2 3 Sugar Cravings	0 0 2 3 Hot Flashes	0 0 0 8 Bone Loss
0023 Decreased Mental Shar	pness 0 1 2 3 Addictive Behavior	0 0 2 3 Night Sweats	0 0 2 3 Thinning Skin
O O O O O Morning Fatigue	0 0 2 3 Poor Impulse Control	0 0 2 3 Infertility Concerns	0 0 2 3 Rapid Aging
0 0 2 3 Afternoon Fatigue	0 0 2 3 Obsessive Behaviors (OC		0 0 2 3 Aches and Pains
0 0 2 3 Evening Fatigue	0 1 2 3 Craving Food, Alcohol,	0 0 2 3 Scalp Hair Loss	000 3 IBS
	Tobacco or Other	00000 Weight Gain-Hips	Height (inches)
			Weight (lbs)

WOMEN ONLY

MEN ONLY

0023 Vaginal Dryness	0 0 2 3 Tender Breasts	0 0 2 3 Decreased Urine Flow
0023 Irregular Periods	0000 Fibrocystic Breasts	00000 Increased Urinary Urge
0000 Uterine Fibroids	0023 Increased Facial / Body Hair	0 0 2 3 Prostate Problems
	Last Menses/	0 0 2 3 Decreased Erections

