POST-MUA INSTRUCTIONS

X You have an appointment to see your doctor on MONDAY. Date: __________ Time:_________

___ Call your doctor for an appointment. The doctor wants to see you in____ days.

Observe operative area for signs of infection: (These signs and symptoms usually become apparent in 36-48 hours.)
___ Fever of 101° or higher,
___ Greatly increased, Excessive pain
___ Redness or swelling,
___ Foul odor or drainage

___ Some bruising is normal. Report EXCESSIVE bruising to your doctor.
___ Keep head elevated on pillows, even when sleeping.
___ Apply cold compresses as demonstrated for 2 days after the procedure.
___ Apply ice packs to procedure site as directed.
___ Take prescribed medication as label directs.
___ Fill prescription (s) and start medication as soon as possible if you were provided them.
___ Start with liquids such as apple juice or ginger ale, then add soup or crackers and then solid foods, gradually.
X Anesthetic medication will be in your body until tomorrow; please do not drive today.

FOR THE NEXT 24 HOURS. DO NOT:

X Drive a car,
X Operate machinery or power tools.
X NO alcoholic beverages for 2 days.
X Take any medication unless approved by your surgeon.
X Make important decisions or sign legal documents.
X Remain alone. Have a responsible adult with you.

If any problems arise or if you have further questions, please call your doctor immediately or go to the Emergency Room closest to you.

OTHER INSTRUCTIONS:______________________________________________________________

DATE\TIME:______________ WITNESS: ____________________________________________________ PATIENT/ESCORT: __________________________________________

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