# Your Diagnosis from Gooing Chiropractic Clinic

We are here to assist you in creating miracles in your life!

GCC
GOOING
CHIROPRACTIC
CLINIC
(714) 556-9188

2787 BRISTOL SUITE 102 COSTA MESA, CA 92626

Be Hopeful! We have answers you haven't found before.

# Getting Well

The goal of Gooing Chiropractic Clinic is to restore health and well-being to the sick and suffering using Advanced Therapeutic Techniques for mind/body wellness.

We have answers you haven't found before!

Every patient we care for is unique. We provide treatment and relief for your primary complaint and then recommend a program to eliminate the root cause of your body's dysfunction. That is why we customize your treatment plan. After your new patient examination you may expect our Doctors to use various techniques and tools based on your personal findings.

This handout includes a brief description of some of our treatment plans so you can understand and participate in your care. It also contains a description of our financial policy so you will know what to expect.

Remember, we are here to work with you to achieve your health goals. If you, or any of your family members, have questions please do not hesitate to ask. Ask the front desk for your special invitation to "Lunch with the Doctor" for you and your guests.

Yours in Health,

Dr. Michael Gooing

#### Staff and Doctors

Gooing Chiropractic Clinic employs a well trained staff to assist the Doctors with your care, handle your appointments, interface with your insurance company and monitor all of your procedures and billing.

Dr. Gooing has other partnering Doctors who treat patients, do exams, x-rays, nutritional counseling, NET, QRA, decompression therapy, rehabilitation therapy and exercise consulting.

All of the Doctors are trained by Dr. Gooing in Advanced Therapeutic Techniques and bring a specialty for care to the patients at Gooing Chiropractic Clinic

www.DrGooing.com (714) 556-9188 michaelgooing@cox.net

# Today's Diagnosis

Date \_\_\_ Name \_\_\_\_\_

	VERTEBRAE	Areas & Parts of the Body	Possible Symtoms
ATLAS ATLAS	BRAIN	GV20, Hypothalamus, Deep Sleep, Brain 2, Brain 3, Cell Energy, Limbic, Occipital Lobe, Parathyroid	Anxiety, Brain Fog, nervousness, insomnia, head colds, nervous breakdowns, amnesia, sleeping sickness, chronic tiredness, allergies, Immune / Auto Immune Reaction, Trauma
CERVICAL SPINE	C1	Blood supply to the head, the pituitary gland, the scalp, bones of the face, the brain itself, inner and middle ear, the sympathetic nervous system	Headaches, high blood pressure, migraine headaches, mental conditions, dizziness or vertigo, Stress Reaction, Biofilms, Heavy Metal Toxicity, Radiation Toxicity
1st	C2	Eyes, optic nerve, auditory nerve, sinuses, mastoid bones, tongue, forehead	Sinus trouble, crossed eyes, deafness, eye troubles, earache, fainting spells, certain cases of blindness
THORACIC (HORACIC	С3	Cheeks, outer ear, face bones, teeth, trifacial nerve	Neuralgia, neuritis, acne or pimples, eczema, Neurodegeneration
	C4	Nose, lips, mouth, eustachian tube	Hay fever, catarrh, hard of hearing, adenoids
	<b>C</b> 5	Vocal cords, neck glands, pharynx	Laryngitis, hoarseness, throat conditions like a sore throat or quinsy
	C6	Neck muscles, shoulders, tonsils	Stiff neck, pain in upper arm, tonsillitis, whooping cough, croop
JINE SINE	С7	Thyroid gland, bursae in the shoulders, the elbows	Bursitis, colds, thyroid conditions, goiter
HORACIC SPINE	T1	Arms from the elbows down, including the hands, wrists and fingers, also the esophagus and trachea	Asthma, cough, difficult breathing, shortness of breath, pain in the lower arms and hands
ж. //////	T2	Heart including its valves and covering, also coronary arteries	Functional heart conditions and certain chest pains
- //-	Т3	Lungs, bronchial tubes, pleura, chest, breast, nipples	Bronchitis, pleurisy, pneumonia, congestion, influenza
	Т4	Gall bladder and common duct	Gall bladder conditions, jaundice, shingles
	Т5	Liver, solar plexus, blood	Liver conditions, fever, low blood pressure, anemia, poor circulation, arthritis
	Т6	Stomach	Stomach troubles, including nervous stomach, indigestion, heartburn, dyspepsia, etc.
1st	Т7	Pancreas, islands of Langerhans, duodenum	Diabetes, ulcers, gastritis
MBAR — (N)	Т8	Spleen, diaphragm	Hiccoughs, lowered resistance
	Т9	Adrenals or supra-renal glands	Allergies, hives
	T10	Kidneys	Kidney troubles, hardening of the arteries, chronic tiredness, nephritis, pyelitis
	T11	Kidneys, ureters	Skin conditions like acne, pimples, eczema, or boils
	T12	Small intestines, fallopian tubes	Rheumatism, gas pains, certain types of sterility
LUMBAR SPINE	L1	Large intestines or colon, inguinal rings	Constipation, colitis, dysentery, diarrhea, ruptures or hernias
	L2	Appendix, abdomen, upper leg, cecum	Appendicitis, cramps, difficult breathing, acidosis, varicose vein
	L3	Sex organs, ovaries or testicles, uterus, bladder, knee, circulation	Bladder troubles, menstrual troubles like painful or irregular periods, miscarriages, bed wetting, impotency, change of life symptoms, many knee pains
CRUM	L4	Prostate gland, muscles of the lower back, sciatic nerve	Sciatica, lumbago, difficult, painful, or too frequent urination, backache
OCCYX COCYX	L5	Lower legs, ankles, feet, toes, arches, lymph	Poor circulation in the legs, swollen ankles, weak ankles and arches, cool feet, weakness in the legs, leg cramps
	SACRUM	Hip Bones, buttocks, Pubic Bone	Sacro-ialic conditions, spinal curvatures
Year.		Rectum, anus	Hemorrhoids or piles, pruritis or itching, pain at the end of spine

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# Progressive Spinal Degeneration

#### The Normal Spine



#### **NOTES:**

#### **Incidence:**

Lifetime

#### Onset:

At birth (Also possible to return to normal after corrective chiropractic care)

#### Histopathology and X-ray:

There are no vertebral subluxations

Edges and margins of vertebrae are smooth and regular.

Joint surfaces are not roughened and are evenly spaced.

Spine exhibits normal lordotic curve

Disc spaces appear healthy

There is no tissue damage

#### **Most common symptoms:**

- 1. Slight stiffness in neck and back
- 2. Headaches
- 3. Sinus trouble
- 4. Tightness in shoulders and hips
- 5. Some numbness in hands and feet
- 6. Mild visual disturbances
- 7. Occasional twinges of pain
- 8. Cramping in legs, restless legs, growing pains

#### Corrective time:

3 to 6 weeks for symptoms recovery

#### **Recovery:**

Based on patient participation

#### **Phase One Degeneration**



#### Corrective time:

6 to 18 weeks

#### **Recovery:**

100%, however dependent on patient compliance

NO	TES:	
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#### **Incidence:**

Most often birth to 20 years or after trauma.

#### **Onset:**

Usually a traumatic incident producing vertebral subluxations that remain uncorrected Vertebral subluxation produced as an adaptation to an organ dysfunction.

#### Histopathology and X-ray:

Vertebral subluxations are evident.

Nerve root pressure resulting in rupture of nerve roots Toxin production and absorption into surrounding tissues at site of subluxation affecting other nerve systems.

Normal nerve function not possible Normal spinal curve is altered Minimal Soft tissue damage at this point

#### **Most common symptoms:**

- 9. Occasional gas, bloating, heartburn, digestive trouble
- 10. Menstrual pain
- 11. Abdominal cramping or bloating
- 12. Fatigue when standing
- 13. Pain that goes away with exercise
- 14. Increasing stiffness in the am
- 15. Numbness and tingling into arms and legs
- 16. Pain across shoulders into arms
- 17. Pain across hips into legs
- 18. Dizziness
- 19. Muscular weakness
- 20. Loss of coordination
- 21. Clumsiness
- 22. Chest pain
- 23. Stomach pain
- 24. Easily irritated
- 25. Groin pain
- 26. Diarrhea

#### **Phase Two Degeneration**



#### **NOTES:**


#### **Incidence:**

Most often 20 to 40 years

#### Onset:

Phase 1, a vertebral subluxation that has not been corrected.

#### Histopathology and X-ray:

Vertebral subluxations increase in severity

Vertebral margins roughen.

Joint surfaces become rough and irregular

Abnormal calcium production

Bone spurs are evident at edges of vertebrae

Disc narrow and show signs of degeneration, decay and dehydration

Disc instability and collapse is evident

Normal nerve function and transmission not possible \*Slight risk factor

#### Most common symptoms:

- 27. Chronic bowel trouble
- 28. The back that always goes out
- 29. Exercise does alleviate pain
- 30. Need for over the counter pain meds
- 31. Greatly reduced motion
- 32. General overall stiffness
- 33. Insomnia
- 34. Weight gain
- 35. Sharp pain into extremities
- 36. Pain for no apparent reason
- 37. Exercise makes pain worse
- 38. Leg and arm weakness
- 39. Difficulty walking up stairs
- 40. Pain and swelling in hands or feet
- 41. Increasing pelvic problems
- 42. Skin conditions

#### Corrective time:

12 to 18 months

#### **Recovery:**

Dependant on severity and patient compliance

#### **Phase Three Degeneration**



#### Corrective time:

Usually 18 to 24 months

#### **Recovery:**

Dependant on severity and patient compliance

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#### Incidence:

Most often 40 to 65 years

#### Onset:

Phase two, a vertebral subluxation that remained uncorrected.

#### Histopathology and X-ray:

Beginning of bone fusion and bone loss evident Massive advanced spur and arthritic formation.

Abnormal calcium production

Soft tissue decay is very evident

Vertebral deformity has reached major proportions

Disc function is lost and disc are degenerated

Poor nerve function; neurological transmission is seriously impaired

Nerve failure has started (Neurodegeneration) Muscular atrophy and wasting of shoulder and arm muscles

\*Moderate risk factor

#### Most common symptoms:

- 43. Severe pain, sometimes none at all
- 44. Need for prescription pain meds
- 45. Greatly reduced movements
- 46. Atrophy and wasting of extremities
- 47. Weakness in grip strength
- 48. Visual and ear disturbances
- 49. Face pain and numbness
- 50. Bleeding of the gums
- 51. Migraine headaches
- 52. Chronic sinus trouble
- 53. Vertebral artery insufficiency
- 54. Chronic fatigue
- 55. Frequent colds and infections
- 56. Chronic skin conditions
- 57. Los of coordination while walking
- 58. Urinary difficulties
- 59. Prostate trouble
- 60. Depression /anxiety attacks
- 61. High blood pressure

#### **Phase Four Degeneration**



#### Corrective time:

Care at this point for relief and comfort only

#### **Recovery:**

None

#### **NOTES:**


#### **Incidence:**

Most often after 65 years

#### Onset:

Phase three vertebral subluxations that were not corrected.

#### Histopathology and X-ray:

Most vertebrae have lost their form and function

Fusion is complete

Spinal form is destroyed

Discs have completely degenerated

Muscular infiltration with calcium

Calcification of most spinal ligaments

Nerve system failure

Nerve transmission is lost

Bone loss

Nerve death and atrophy

A serious condition has been created

\*Severe risk factor

#### **Most common symptoms:**

- 62. Constant severe pain
- 63. Need for prescription pain meds
- 64. Need for prescription meds for organ dysfunction
- 65. Dependant upon prescription meds
- 66. Diabetes, adult on set
- 67. Weight loss
- 68. Heart trouble
- 69. Gum and bone loss in mouth
- 70. Multiple root canals
- 71. Unable to exercise
- 72. Too tired to eat
- 73. Gallbladder removed
- 74. Prostate removed
- 75. Hysterectomy
- 76. Difficulty walking without help
- 77. Poor circulation
- 78. Severe bowel and stomach trouble
- 79. Severe female trouble, endometriosis
- 80. Severe bladder, urinary trouble, kidney infections

# Treatment Options

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#### Our first goal in your care is to give you Symptomatic Relief of any pain or discomfort.

Pain Relief options include: Chiropractic care, Adjustments, X-rays, Acupuncture, Laser Therapy, Decompression, Sacral Occipital Technique, Physical Therapy and Nutritional Support and Product Recommendations.

#### **Next is Health Care Restoration**

#### QRA Exam and Product Recommendations

QRA (Quantum Reflex Analysis) is a simple, safe, yet profound way of allowing the body to tell us what it needs to heal. It is the union of science-based kinesiological testing, time-proven ancient therapies, systematic analysis of the body's quantum bio-field, and outstanding nutrition and detoxification breakthroughs of the 21st century. QRA provides a comprehensive system to initiate the most rapid resolution of even the most deep-seated, chronic conditions - simply not possible by any other methodology.

#### Lastly, when you are out of pain we offer Wellness Care and The Ten Steps to Wellness

Includes Symptomatic Relief, Wellness Nutrition plus a Customized Wellness Program incorporating Gooing Chiropractic Clinic's "Ten Steps to Wellness".



# Therapy Options

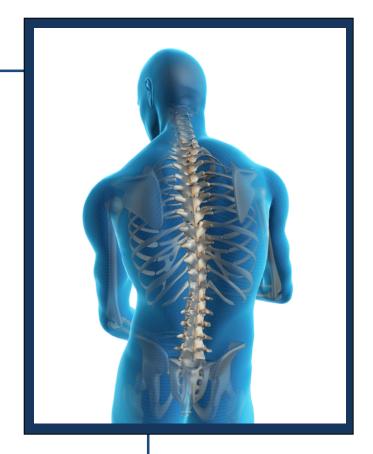
- 1. Manual Chiropractic Adjustments
- 2. Non-force Chiropractic Adjustments
- 3. Instrument Chiropractic Adjustments
- 4. Slipped Disc Decompression
- 5. Herniated Disc Decompression
- 6. Erchonia Cold Laser
- 7. Neuro Emotional Trauma Care
- 8. Quantum Reflex Analysis
- 9. Nutritional Therapy and Testing
- 10. Allergy Testing
- 11. Hormonal Balance Testing
- 12. Mud Pack Therapy
- 13. Exercise Rehab Therapy
- 14. Needle/Non Needle Acupuncture and Acupressure

# Ten Steps To Wellness

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## Gooing Chiropractic Clinic's Ten Steps to Wellness

- 1. Restore normal immune system function
- 2. Correct hidden traumas
- 3. Correct and protect electrical biofield
- 4. Repolarize brain and organ meridians
- 5. Correct spinal and structural traumas
- 6. Eliminate heavy metals
- 7. Eliminate biofilms
- 8. Balance body ph
- 9. Restore lean body mass
- 10. Quantum nutrition prescribed for restoration and recovery



NOTES:		

#### What is a Biofilm?

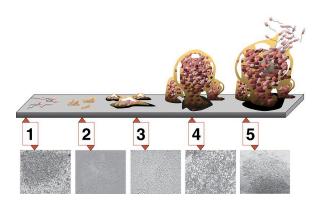
- ♣ Biofilms are sticky slime that surrounds large clumps of bacteria.
- Any bacteria can secrete biofilms to protect itself.
- ♣ Different types of bacteria can bind together inside the sticky biofilms.

#### Why do Bacteria Make Biofilms?

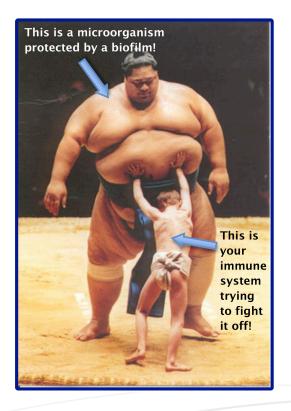
- ♣ Biofilms protect the pathogenic bacteria, making them hard to kill.
- Hiding in biofilms, bacteria can spread throughout the body.
- Large, sticky biofilms resist the attack of the immune system and antibiotics.

The renegade bacteria in biofilms bind together in a sticky web of tangled polysaccharide fibers. The biofilms, with their bacterial nests, connect across cells with sticky strands and anchor them to other surfaces. Within this microcosm, both anaerobic and aerobic bacteria can thrive side by side, sharing water and nutrient passageways. Like a circulatory system, water flows in convective patterns through the channels that deliver nutrients and eliminate waste. Some microbes release hydrogen while others ingest it in order to reduce CO2 to methane. Still others dine on dead cells. Within their little biofilm cities, the bacteria can thrive and multiply without harm. The sticky polysaccharide coat of the biofilm is "like a coat of armor,"

#### **Stages Of Biofilm Development**



which allows different types of bacteria to "collaborate to make themselves more powerful."



One of the most challenging problems for recovery is when the body forms a biofilm. (80% of microorganisms will probably form a biofilm if not corrected immediately!) A microorganism encapsulated by a biofilm has 1000-fold increase in antibiotic resistance, meaning that bacteria within a biofilm community can withstand and resist the killing effects of antibiotics 1000 times more than same species of bacteria living in stand alone, free-floating non-biofilm environments.

Imagine if you had multiple biofilms that your immune system was battling! The immune systems would go into overdrive and you now have an autoimmune response.

Since each biofilm has a different composition, we need to help the body break them down, one by one, so it can reach the microorganism and correct itself. You may not feel better right away if your body has numerous biofilms, but if you stick with the treatments you can break them down and help your immune system get stronger so your body can correct the problems.

# The Erchonia Cool Laser

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**"Low-level laser therapy** is a relatively new concept. It began in 1967, with the experiments of Endre Mester in Semmelweis University, the oldest and most prestigious medical school in Hungary. Mester researched the effects of laser light on skin cancer, and from his studies others were motivated to look deeper into the clinical benefits of LLLT.

Today, low-level laser therapy is finding its way into the world of legitimate medical techniques with the help and commitment of people like the members of Erchonia's research team. Until the late 1990s, many experts still considered low-level lasers "experimental" medical equipment. Since its start in 1996, Erchonia Corporation has been working to advance the field of laser therapy by acting as independent researcher and product developer and by obtaining official validation from the scientific and medical community.



In January of 2002, The Erchonia Laser was the first low-level laser given market clearance by the Food and Drug

Administration. The Erchonia low-level laser equipment is thoroughly researched and tested before it is put on the market. See for yourself why the scientific world is taking notice of the legitimate

### The Erchonia Cool Laser continued.

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# Frequency Therapy with the Erchonia Laser

Our DNA, molecules, cells, tissues, organs and structures, even our thoughts have a specific collective electrical frequencies that regulate all of the processes of our body. Normally these frequencies will be very stable.

These frequencies can be disrupted by environmental sources of frequencies that are disruptive to the human body. Normally these collective frequencies of the entire body will self-regulate and restore the collective electrical frequencies back to their normal state.

However, if the disrupting force has a great enough electrical force, this external force will disrupt the strength of the collective electrical frequencies of the body to the point that stability is lost and the system is depolarized into a stress reaction by the environmental trauma, which can be physical, chemical, electrical, emotional, self-induced or environmental.

A sustained depolarized state will lead to chronic stress of the system and degenerative diseases.

Pathology will manifest itself as a chemical imbalance. The field of chemical spectroscopy demonstrates that there is a fundamental duality between chemical structure and coherent electrical vibrations or frequencies. These electrical coherent vibrations are as fundamental as chemical bonds.

Research on electrically polarized molecules and cells reveal that these coherent electrical vibrations are laser like. The German physicist and biophysicist fritz Albert Popp was the first to measure and identify the bio photon frequencies that radiate from the human body at 635 nanometers or billion meters per second. The Erchonia laser emits the same electrical vibrations at 635 nanometers per second.



#### The Erchonia cold laser is a bio modulator.

If the body frequencies are disrupted, the laser will reset the normal frequencies of the body. This is called entrainment in physics. This allows us to manipulate the electrical frequencies of the body using the Erchonia laser to repolarize and restore the coherent frequencies the body needs for growth and repair vs. stress and degeneration.

Using the principles of physics called constructive and destructive interference, the cold laser can be calibrated to the abnormal frequencies acquired by the body due to trauma and entrained to restore or eliminate the trauma frequency from body memory just like deleting a file from your computer program.

## The Erchonia Cool Laser continued.

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# Frequency Therapy continued

Anything that disrupts the normal electrical frequencies of the body would be perceived as a threat to its survival and would initiate a stress reaction by the brain. This is the definition of a trauma, resulting in a stress reaction by the body and the beginning of degenerative disease

The behavior of energy waves is important for biomedicine because vibrational frequencies can alter the physical and chemical properties of an atom with a specific vibrational pattern or measurable frequency

Using the Erchonia laser and QRA we can find the vibrational frequencies of the trauma to create a harmonic resonance between the laser and the body.

The higher the frequency or band width of the trauma, the longer we apply the laser frequencies

When two vibrational frequencies are combined that are out of sync, the vibrational frequencies are cancelled out depolarizing the organism. This is called destructive interference in physics and results in a trauma to the body and brain.



"Speculation regarding the efficacy of the Erchonia handheld device is not necessary as it has been used in more than six placebocontrolled, randomized, double-blind, multicentered clinical investigations. Each clinical trial was able to accurately illustrate the efficacy of this modality and importance of delivering light at lower intensities with greater treatment durations." (From erchonia.com)

# **Immune System Trauma Correction Procedure**

- 1. Identify trauma using QRA and the Erchonia cold laser
- 2. Identify trauma points and reflex patterns that are blocked using QRA
- 3. Use Erchonia cold laser to re-polarize electrical field and "re-boot" immune system functions.
- 4. Re-polarize brain reflex points with mud pack procedure to turn immune system on, stop autoimmune system reaction
- 5. Eliminate biofilms produced by foreign organisms
- 6. Eliminate heavy metals to stop neurodegeneration reaction
- 7. Restoration of myelin sheath and neurons using QRA nutrition
- 8. Provide electrical protection to ensure complete recovery and prevent new traumas
- 9. Remethylate to restore band width and prevent new traumas and infections

### Science At The Heart Of Medicine

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In 1990, an astounding discovery was reported at **Albert Einstein College of Medicine** in NYC by Drs. Kaali and Wyman, resulting in Patent No. 5,188,738 being issued in 1993 entitled "Alternating Current Supplied Electrically Conductive Method and System for Treatment of Blood and/or Other Body Fluids and/or Synthetic Fluids with Electric Forces".

Their research work involved an in vitro & in vivo human Blood Electrification process, which electronically sterilizes the blood, resulting in all known pathogens, including bacteria, viruses, parasites, and fungus, being completely eliminated!

Their research had been anticipated 24 years earlier in 1973 with the research involved in Patent No. 3,753,886. Not surprisingly though, this revolutionary clinical data was almost totally suppressed. Other than a few News Articles such as the Science News: Mar. 30, '91 pg. 207, Longevity: Dec. '92/pg. 14, and Houston Post: Mar. 20, '91 /Sect. A-10, plus the Patent No. 5,188,738, there has been a complete BLACKOUT since then in the News Media about this powerful medical technology.

# Medi-Body Pack Procedure

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Our environment has become increasingly toxic with over 2,000 new chemicals introduced to our environment per year for the past 30 years. Currently over 68% of Americans are considered chronically ill.

When the body is traumatized and goes into a stress reaction, elimination is altered and decreased dramatically and especially the kidneys. Dr. Bob Marshall, of Premier Research Labs, has found that hundreds of his patients were saturated with toxic bio garbage and that they did not respond to oral supplementation until using the mudpack therapy and ORA protocol.

Medi-Body Packs (mud packs) are applied to the external organ meridians to draw out toxic uneliminated residues that have been deposited in the trauma sites to the body. These include heavy metals, mercury, petrochemicals, and synthetic chemical and aniline residues from injected anesthesia.

Medi-body packs will restore immune function when applied appropriately with the right Nano formula to GV20, corresponding organ meridian point and C1/C2.

The mud packs have a similar infra-red affect as the Erchonia laser restoring cellular resonance and coherent electrical frequency balance. They initiate the release of up to 50% of the body's toxins in 1 application. They move deep seated hidden toxic debris in trauma sites from the soft tissues of the body.



TMJ, lymphatics, glands of face

These toxic substances will have a positive electrical charge. The mud packs have a negative electrical charge. When the mud is applied, the toxic materials are pulled out of the soft tissues by osmosis. It has the same effect as a magnet, pulling it out. This is like giving a soft tissue adjustment. We are removing peripheral electrical interference in the external meridians by mud packing the organ meridians and the discovered trauma sites

The mud pack procedure is then repeated until all interference has been removed from the trauma site.

The longer the site has been blocked, the more often the mudpack procedure will be needed.

#### Possible Reactions and What to Expect:

Recovery symptoms may mirror the phases of degeneration of the patient in severity and time. Symptoms may include chills, fever, night sweats, muscle aches, joint pain, brain fog, nausea and fatigue. Inversely proportionate to the phase of degeneration. If the patient has a high genetic potential they can also experience a sudden euphoria and rush of energy.

These symptoms may last a few days depending on how long the body takes to eliminate the associated foreign substances. If you are concerned, please call the office. (714) 556-9188

# Neurodegeneration Disease

More than just genetics and age



#### What is Neurodegeneration?

Human neurodegenerative disease is an umbrella term describing a wide range of disorders with one common denominator--all are characterized by the progressive loss of neurons in the brain and/or spinal cord.

#### The Neurodegenerative Process

"All tissues of the human body are susceptible to degeneration, especially nerve tissue. This process is called neurodegeneration. Typical examples of neurodegenerative diseases which currently afflict Americans are Alzheimer's disease, Parkinson's disease, amyotrophic lateral sclerosis (ALS), multiple sclerosis (MS) and a whole host of symptoms related to impaired brain and nerve functioning such as poor memory, cognition, attention span, learning ability and physical incompetence. The number of lives affected by neurodegenerative symptoms and the frequency of occurrence is currently the highest in U.S. history and can ultimately be a source of major physical and mental debilitation for many Americans.

Understanding this process and making intelligent decisions, including dietary, nutraceutical and lifestyle choices, may mean the difference between continuing a good quality of life or gradual loss of function from unchecked neurodegenerative processes." Robert J. Marshall, PhD, CCN

Excerpt from Nutritional Perspectives: The Journal of the Council on Nutrition of the American Chiropractic Association

Although no single cause of neurodegenerative disease has been identified, research indicates that a number of neurodegenerative disease sufferers have neurons clogged with toxic proteins.

Continued on page 2

#### Possible Causes

#### Genetics

For those in whom the disease is truly sporadic, (not genetic) which is the vast majority of patients, it appears that any genetic contribution to the neurodegenerative process is minimal.

#### **Toxic Factors**

This may be a prime suspect in initiating neurodegenerative processes. Can be environmental, metal accumulation, or poor functions of elimination organs.

#### **Excitotoxins**

Excitotoxins from processed food are neurotransmitters that can cause cell death when their actions are prolonged.

#### **Disease and Chronic Infections**

Chronic low-grade infection is often overlooked and frequently goes undiagnosed. The incidence of these infections has dramatically increased in recent years. Infections can become chronic due to the body's inability to clear invading pathogens, including infections from bacteria, nanobacteria, virus, mycoplasma, parasites and biofilms.

"Chronic infections appear to be common features of various diseases, including neurodegenerative, psychiatric and neurobehavioral diseases, autoimmune diseases, fatiguing illnesses and other conditions. Such infections are systemic and can affect the immune system and essentially any organ system, resulting in a variety of systemic signs and symptoms" BJMP 2009:2(4) 20-28

# Neurodegeneration Disease cont.

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"Often patients with neurodegenerative or neurobehavioral diseases have chronic, neuropathic infections that could be important in disease inception, progression or increasing the types/severities of signs/symptoms. Although controversial, the majority of patients with various neurodegenerative or neurobehavioral conditions, show evidence of central nervous system and/or systemic bacterial and viral infections."

"Patients with neurodegenerative and neurobehavioral diseases are particularly difficult to treat using single modality approaches. This may be due, in part, to the multifocal nature of their disease and to the fact that often treatments are given to suppress signs and symptoms, rather than treat causes of the disease or its progression. If complex, chronic infections are ignored or left untreated, recovery may be difficult to achieve."

Garth L. Nicolson PhD



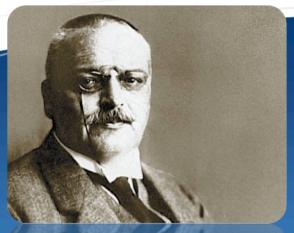
#### Recommended Course of Action

- 1. Eliminate infection(s) to achieve complete remission.

  Gooing Chiropractic Clinic uses the Erchonia Laser and QRA to improve your immune system's ability to fight infections.
- 2. Reduce infection risk by eliminating nutritional deficiencies and supplying nutraceuticals.

  Gooing Chiropractic Clinic will test your body and recommend a customized prescription of nutraceuticals.
- 3. Increased antioxidant content in food and eliminate consumption of hydrogenated oil. *Gooing Chiropractic Clinic offers consultations on diet and nutrition.*
- 4. Wear protection from environmental toxins, EMFs and radiation.

  Gooing Chiropractic Clinic offers these products as well as structured water machines.



When the German psychiatrist Alois Alzheimer first described Alzheimer's disease in 1906, he and his colleagues suggested that microorganisms might contribute to the formation of the plaques that disrupt brain function.

# Infections and Neurodegenerative Diseases

A century after Alois Alzheimer, some researchers striving to understand and find treatments for neurodegenerative diseases are rediscovering the connection to infection.

More than 600 disorders that afflict the nervous system have been identified. The clinical manifestations of a particular disease, e.g. problems with movement or deterioration of mem- ory/dementia, depend on the specific set of neurons in the brain/spinal cord (or their myelin sheath) that is damaged.

Dr. Kristen Kerksiek February 10, 2009

# Retracing

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# Why do I feel worse? Feeling Worse, But Getting Better.



Your symptoms are only a small part of your diagnosis, just the 12% you are consciously aware of. When you begin a corrective care program, (Designed to correct what caused the symptoms!) you must expect some retracing to occur.

**Retracing** is the course of restoration from disease back to health. When a person retraces, they pass back through successive steps, in reverse order, that they passed through when getting ill. Symptoms may indicate a patient is getting worse, but more likely if under continued care, the symptoms will indicate retracing and health restoration.

A change in your symptoms, for better or worse, is a good sign! It means that your body is responding to the correction and working on fixing itself. These are recovery symptoms and indicate retracing has begun. Retracing and re-experiencing old symptoms is natural and must be expected to complete the cycle to wellness.

Recovery symptoms may mirror the phases of degeneration of the patient in severity and time. Symptoms may include chills, fever, night sweats, muscle aches, joint pain, brain fog, nausea and fatigue. Inversely proportionate to the phase of degeneration. If the patient has a high genetic potential they can also experience a sudden euphoria and rush of energy.

These symptoms may last a few days depending on how long the body takes to eliminate the associated foreign organism biofilms. You may follow the medi body bath procedure to help ease symptoms.

Remember to drink lots of water to help your body flush the toxins and get plenty of rest. If you are concerned, please call the office. (714) 556-9188 We are here to support you.

*DATE:* \_\_\_\_\_

# Your Symptom Survey

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<i>NAME:</i>	A = always	S = sometimes	N= never

#	Symptom	Α	S	N
	, ,			
1	Slight stiffness in neck and back			
2	Headaches			
3	Sinus trouble			
4	Tightness in shoulders and hips			
5	Some numbness in hands and feet			
6	Mild visual disturbances			
7	Occasional twinges of pain			
8	Cramping in legs, restless legs, growing pains			
9	Occasional gas, bloating, heartburn, digestive trouble			
10	Menstrual pain			
11	Abdominal cramping or bloating			
12	Fatigue when standing			
13	Pain that goes away with exercise			
14	Increasing stiffness in the am			
15	Numbness and tingling into arms and legs			
16	Pain across shoulders into arms			
17	Pain across hips into legs			
18	Dizziness			
19	Muscular weakness			
20	Loss of coordination			
21	Clumsiness			
22	Chest pain			
23	Stomach pain			
24	Easily irritated			
25	Groin pain			
26	Diarrhea			
27	Chronic bowel trouble			
28	The back that always goes out			
29	Exercise does alleviate pain			
30	Need for over the counter pain meds			
31	Greatly reduced motion			
32	General overall stiffness			
33	Insomnia			
34	Weight gain			
35	Sharp pain into extremities			
36	Pain for no apparent reason	Ĺ		L
37	Exercise makes pain worse			
38	Leg and arm weakness			
39	Difficulty walking up stairs			

#	Symptom	Α	S	N
40	Pain and swelling in hands or feet			
41	Increasing pelvic problems			
42	Skin conditions			
43	Severe pain, sometimes none at all			
44	Need for prescription pain meds			
45	Greatly reduced movements			
46	Atrophy and wasting of extremities			
47	Weakness in grip strength			
48	Visual and ear disturbances			
49	Face pain and numbness			
50	Bleeding of the gums			
51	Migraine headaches			
52	Chronic sinus trouble			
53	Vertebral artery insufficiency			
54	Chronic fatigue			
55	Frequent colds and infections			
56	Chronic skin conditions			
57	Los of coordination while walking			
58	Urinary difficulties			
59	Prostate trouble			
60	Depression /anxiety attacks			
61	High blood pressure			
62	Constant severe pain			
63	Need for prescription pain meds			
64	Need for prescription meds for organ			
	dysfunction			
65	Dependant upon prescription meds			
66	Diabetes, adult on set			
67	Weight loss			
68	Heart trouble			
69	Gum and bone loss in mouth			
70	Multiple root canals			
71	Unable to exercise			
72	Too tired to eat			
73	Gallbladder removed			
74	Prostate removed			
75	Hysterectomy			
76	Difficulty walking without help			
77	Poor circulation			
78	Severe bowel and stomach trouble			
79	Severe female trouble, endometriosis			
80	Severe bladder, urinary trouble,			
	kidney infections	1		

# What is EMF?

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#### What is EMF?

EMF stands for electromagnetic field. Everything has its own electromagnetic field, in nature and man made. (i.e., electronic technology). It is a measurable type of energy, and for the human body the EMF frequencies truly are the life of our cells.

**Electromagnetic radiation** is the energy projected from the EMF's. Just as there are good fats and bad fats for our body and good sugars and bad sugars for our body, so there are good/safe EMF's and bad/harmful EMF's for our body.

#### **EMF Dangers**

Why are some EMF's harmful to our bodies? The human body has very specific EMF frequencies. **Healthy** tissue has these strong frequencies that resonate close to the Earth's frequency. <u>Unhealthy</u> or diseased tissue has weak or altered (different) frequencies.

Our healthy EMF frequencies become weak or altered for various reasons, but most commonly by too much exposure to other EMF frequencies that are out of the realm of our healthy body frequencies.

This can happen over a period of years with low to moderate levels of electromagnetic radiation or it can happen immediately with a rare strong exposure. Once your healthy frequencies are altered, then comes health problems that move into various diseases such as cancer and fibromyalgia.

#### **Harmful EMF Sources**

EMF radiation problems for the human body generally come from sources originating from: **electric**, **magnetic**, **wireless** and **ionizing** radiation. The frequencies that are the <u>good</u> types of electromagnetic radiation are the ones that are the same as the natural state of the human body and the frequencies that are the <u>bad</u> types of electromagnetic radiation are the ones that resonate different that our natural state. **It's that simple – and that important!** 



\*For a detailed search of towers and antennas around your home or office go to...www.antennasearch.com

# What is EMF continued

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#### **In Summary**

Short summary of 'What is EMF' and why it is a concern for us: Harmful EMF's can change the naturally occurring frequencies in our body to unhealthy frequencies causing unhealthy tissue and disease. The length of time it takes to make this change can be seconds, hours, years or decades based upon strength of the field, the particular frequency, wave length of the frequency, length of exposure, health of your body and more. Our main sources are coming from technology devices and systems.

Unhealthy tissue has unhealthy damaged frequencies. Once you correct your unhealthy tissue frequencies back to healthy frequencies, the body is best able to mend, repair and restore that tissue.

Gooing Chiropractic Clinic practitioners use the Erchonia Cool Laser to <u>repair and restore</u> the natural frequencies of the human body.

Don't underestimate the importance of having a healthy electromagnetic field. If you have any type of unhealthy tissue in your body, it has the wrong unhealthy frequency. If your tissue has the correct electromagnetic field, it IS healthy tissue - and without foreign invaders or damaged cells.

Gooing Chiropractic Clinic offers numerous products for personal protection and environmental protection from harmful EMF/EMR. All of the products offered produce a Negative Ion resonance what is as close to nature as possible. This means that they are also in harmony with the heart, verifiable with Medical Diagnostic equipment such as GDV, Bio-Resonance technology equipment testing and Kinesiology.

#### Some of the devises offered.



The Orgone Ionic Jewelry is an energetic tool that creates a harmonizing field of Negative Ion around our body to support and balance our own magnetic field and to protect from depleting Positive Ion energy influences created by aspects of our environment such as computers, TV's, household appliances and electrical equipment etc.



Amazing new Aircraft Travel Orgone Generators allow passengers to breath easier, feel fresher longer without feeling fatigued whilst flying in aircraft. Also works as a Personal Harmoniser Space Protector, providing you with 30 metres of protection so you carry it in your briefcase or purse.