WELCOME TO OUR OFFICE!

Please complete this questionnaire as thoroughly as possible. This confidential history will be part of your permanent records and will help us get a better understanding of your overall health. THANK YOU!



PERSONAL INFORMATION

Name:				Date:	
Date of Birth://	Age:	Sex: ☐ Male	☐ Female	Marital Status:	S/M/D/W
Address:	City:		Sta	ate: Zip:_	
Social Security #:		Home Phone	:()		
Cell Phone:()	E-	-mail:			
Occupation:		Employer:			
Employer Address:		_ Work Phone	e:())	
Spouse's Name:		Date of B	irth:		Age:
Employer Address:		_ Work Phone	e:()		
Social Security #:	How	Many Children	(Ages)?:		
Emergency Contact:		Phone:	:()		
Who Referred You To Us?:					
How Else Did You Hear About Us?:					
CURRENT PRIMARY HEALTH CONCER	<u>RN</u>				
What is your main symptom?:					
How long have you had this condition?:					
Have you had this or similar conditions	in the past?:				
What do you think caused this condition	n?:				
What position(s), if any, make it feel wo	orse?:				
What position(s), if any, make it feel be	tter?:				
Over time, is this condition: Improvir	ng 🔲 Unchanged	☐ Getting Wor	se?		
Is this condition interfering with your:	☐ Work ☐ Sleep	☐ Daily Routin	e Other:		
Have you sought advice or treatment fro	om other doctors o	r therapists for t	<i>his</i> conditio	n? □ Yes □ No	0
If yes, list all doctors or therapists consu	ulted for this condit	ion (include app	roximate da	ite of visit and di	agnosis).
Name	Date of visit	Diagnos	is		
Name	Date of visit	Diagnos	is		
Describe any treatment you have had fo	or this condition (in	clude medicatio	n dosage an	nd frequency)?:	
Family Medical Doctor:	Address		D	ate of Last Physi	 ical:
May we communicate our findings on y	our current health	condition to the	above provid	der(s)?	□ No

Patient Name:_						Da	te:	
OTHER HEALTH	COMPLA	<u>NTS</u>				_		
Please list the spe mark the location of on a scale of 1-10 and 10 being the m	on the diagra with 1 being	m. Beside each co the least discomf	omplaint, rate fort you have e	its severity) - '			
Primary Compla	int:	4 0		7 0 0 10	//) -	. (\ \	(<i>//</i> } {\\
1)Additional Comp	olaints:	1 2	23456	78910				
2)		1 2	2 3 4 5 6	7 8 9 10	Tur (Tun (\$ 7	hus hus
3)		12	3 4 5 6	7 8 9 10) {	} . ((7)	} {} {
2) 3) 4) 5)		1 2	23456	7 8 9 10	()	X /		\
PREVIOUS CON		-				Same Same		
Days Lost From	Work:		_ Date of L	ast Physica	Examination	n:		
Have you sough	t care for a	nother health o	condition in	the past yea	r? □ Yes □	⊒ No Pa	ast 2 year	rs? 🗆 Yes 🕒 No
If yes, what cond	dition othe	than your prin	nary compla	int?:				
Was treatment a	administer	ed? □ Yes □	l No Descr	ibe:				
Do you take me	dications?	□ Yes □ No	List Dosa	ge. Frequen	cv and Reason	 on:		
Any prior hospita	alizations o	or surgery? 🗆 `	Yes □ No	Describe w	rith dates:			
Have you been i	n an auto a	accident or had	any other p	ersonal inju	ry? 🛚 Yes	□ No Des	scribe:	
CHIROPRACTIC	HISTORY							
Previous Chiropi	ractic care	? □ Yes □ N	o If yes, D	octor's nam	e:			
Date of last chire	opractic vis	sit:/	/	Date	of last chirop	oractic X-ray	s:	//
Reason for care	:			Но	w long were	you under o	care?:	
Were you satisfi	ed with the	previous chire	practic care	you receive	d? ☐ Yes	□ No		
Are other family	members	under chiropra	ctic care?	_ ⊒Yes □ N	o Who?:_			
Are you open to								
SOCIAL HISTOR	RY							
Height:ft.	in.	Current Weigh	t:	lbs. Have	you recently	lost or gain	ed more	than 10 lbs.? Y N
Mental Work:	☐ Heavy	■ Moderate	☐ Light	Hours per	day:			
Physical Work:	☐ Heavy	■ Moderate	☐ Light	Hours per	day:			
Exercise:	•		_	-	-		/pe:	
Smoking:	-		_	-				How long?:
Alcohol:								
Caffeine:								

Patient Name:								_ Dat	:e:
REVIEW OF SYS	STEM	IS (NOV	V=within the past 1	L yea	r; PAST	=over one year ago	D)		
GENERAL Weakness	Now	<u>Past</u> □		Now	<u>Past</u> □	GENITOURINARY Dribbling		<u>Past</u> □	PAST MEDICAL HISTORY Check only the ones you have
Fatigue			Discharge Lumps			Dribbling Cloudy Urine			had in the past.
Fever		<u> </u>	Pain	_		Spotting			nau iii tile past.
Chills		ä	Bleeding	_	<u> </u>			ä	Hay Fever
Night Sweats		<u> </u>	Nipple Changes	ā	ā	Painful Menses	ā	ă	Mumps \Box
Fainting	_		Skin Changes	ū		Itching	ā	ā	Rheumatic Fever
SKIN	_	_	Bloated			Painful Intercourse		ā	Allergies
Color Changes			RESPIRATORY	_	_	Irregular Periods	_	_	Angina 🔲
Nail Changes	_	ā	Cough			Hot Flashes	_	_	Cancer
Hair Changes	_	ā	Phlegm	_	_	NEUROLOGICAL	_	_	Tumor
Moles	_	_	Blood	ā	_	Seizures			Blood Disease
Rashes	ā		Short of Breath			Vertigo		ā	Leukemia 🔲
Sores			Wheezing			Dizziness			Heart Trouble
Weakness			Pain			Hand Trembling		ā	Varicose Veins
HEAD & EYES	_	_	Congestion			Loss of Sensation	ā	ā	Phlebitis 🔲
Headaches			Inhalant exposure			Incoordination			Hypertension
Injuries			CARDIOVASCULAR		_	Loss of Facial			Stroke \Box
Bumps			Murmur			Weak Grip			Ulcers 🔲
Last Eye Exam			Palpitations			Paralysis			Jaundice 🔲
Glasses			Rapid Heartbeat			Difficulty Speech			Skin Trouble
Contacts			Swollen Extremities			Tingling			Gallstones 🔲
Cataracts			Cold Extremities			Loss of Memory			Liver Trouble
EARS			Chest Pain, Pressure	e 🔲		Numbness			Hepatitis 🔲
Hard of Hearing			Varicose Veins			ENDOCRINE			Parasites
Deafness			Blood Clots			Weight Loss			Epilepsy 📮
Ringing			Blue Extremities			Weight Gain			Paralysis
Discharge			BLOOD			Extremely Thin			Polio
Earache			Anemia			Heat Intolerance			Mental Illness
Itching			Low Blood Iron			Cold Intolerance			Alcoholism
Dizziness			Easy Bruising			Hair Changes			Depression
Room Spins			Easy Bleeding			Breast Changes			Nervous Breakdown
NOSE			Swollen Nodes			IMMUNIZATION/V	ACCIN	<u>ATION</u>	Migraine 🗆
Decreased Smell			Painful Nodes			DPT			Gout
Bleeding			Sugar in Blood			Mumps			Hemorrhoids 🔲
Pain			Red Spots			Smallpox			Prostate Problems
Discharge			GASTROINTESTINA	<u>L</u>		Typhoid			Sexual Problems
Obstruction			Abdominal Pain			Tetanus			Gonorrhea 🔲
Post Nasal Drip			Nausea			Measles			Syphilis 🔲
Deviated Septum			Bloated			Pneumococcal			Diabetes 🔲
Runny Nose			Belching			Influenza			Bladder Trouble
Sinus Congestion			Heartburn			Polio			Kidney Stones
<u>MOUTH</u>			Indigestion			MMR			Kidney Infections
Bleeding Gums			Irreg. Bowel Habits			<u>PSYCHIATRIC</u>			Dysentery
Sores			Constipation			Hyperventilation			
Dental Problems			Diarrhea			Insecurity			<u>ALLERGIES</u>
Bad Breath			Gas			Depression			List known allergies below
Loss of Taste			Hemorrhoids			Troubles Sleep			
Dry Mouth			Poor Appetite			Irritable			
Ulcers			Food Intolerance			Hallucinations			
Blisters			Bloody Stools			Loss of Memory			
<u>THROAT</u>			Black Stools			Alcoholism			
Soreness			<u>GENITOURINARY</u>			Drug Addiction			
Bad Tonsils			Urgency			Drug Dependent			
Hoarseness			Incontinence			Suicidal Thoughts			
Pain			Straining			Extreme Worry			_
Trouble Swallowing			Back Pain			Sexual Problems			If Female,
Recurrent Infection	s⊔		Frequent Voiding			MUSCULOSKELETA			Are You Pregnant?
NECK		_	Stones			Muscle Pain			☐ Yes
			Burning			Muscle Weakness			□ No
Stiff Neck			Bed Wetting			Muscle Cramps			NO
Soreness			Small Stream			Muscle Stiffness			
Lumps			Discharge			Joint Stiffness			
Masses			Impotence			Joint Pain			

Patient Name:				Da	ate:
FAMILY HISTORY -	List any of the	diseases list	ed previously whi	ch run in your fan	nily
Relative Father: Mother: Brother(s): Sister(s): Grandfather (Mat): Grandmother (Mat): Grandmother (Pat): Grandmother (Pat): Spouses Health Sta Children's ages and	tus:		d 🖵 Excellent		Illnesses (if any)
INSURANCE INFOR	RMATION				
Who is responsible	for this account	?:			
Relationship to Pati	ent?:		Social	Security No:	
					oup #:
Is patient covered b					
-	-	•			
Relationship to Pati					
					oup #:
ASSIGNMENT AND	RELEASE				
I certify that if I, an Center all insurance responsible for all submissions. I unde doctor or chiropract activities. The above above-named insur	d/or my dependent benefits, if any charges whether erstand that interesting the conficerance company nce benefits or	on, otherwise payor or not paid be erest is charged act me via mai may use my he (ies) and their the benefits pay	able to me for servy insurance. I author on overdue accol, email and phone ealth care informal agents for the puyable for related s	rices rendered. I undorize the use of munts at the annual in regards to treat attion and may discurpose of obtaining	y to Back to Health Wellness derstand that I am financially by signature on all insurance rate of 18%. I authorize the ment as well as promotional lose such information to the payment for services and ent will end when my current
I have also received	•		•	tment Policy and a	gree to its terms.
				-	
PRINTED Name of F	Patient, Parent o	or Guardian:			
Date:		Relationship to	Patient:		
Witness Signature				Date:	

INFORMED CONSENT for EXAMINATION & TREATMENT

Name:	Dr.
Case #:	DOB:
Date:	Age:
Back to Health Wellness Center	, 2504 Monroe St., LaPorte, IN 46350

TO THE PATIENT: You have a right as a patient to be informed about your condition, the recommended chiropractic treatment, and potential risks involved with the recommended treatment. This will allow you to make an informed decision whether or not to undergo the treatment. This information is not meant to scare or alarm you; it is simply an effort to make you better informed so you may give or withhold your consent to the procedures and/or treatment.

I request and consent to the performance of examination and treatment (chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy, rehabilitative exercises and diagnostic X-rays). The chiropractic treatment may be performed by the Doctor(s) of Chiropractic working at Back to Health Wellness Center. Chiropractic treatment and other therapies and procedures may also be performed by a Doctor of Chiropractic who is serving as a backup for the Doctor of Chiropractic named below as well as those working at the clinic or office who now or in the future treat me while being employed by, working or associated with Back to Health Wellness Center.

I have had adequate opportunity to discuss with the Doctor of Chiropractic, or other clinic personnel, the nature and purpose of my chiropractic treatment (adjustments) and different physical therapy procedures (therapies and active rehabilitation). I have also discussed with Doctor of Chiropractic the risks and benefits of my chiropractic treatment, alternatives to my chiropractic treatment, and the risks and benefits of alternative treatment which includes no treatment at all.

I understand that neither chiropractic, nor any medical treatment for that matter, is an exact science and that my care may involve judgments based upon facts and information known to the doctor. The doctor uses this judgment to attempt to anticipate or explain risks and complications and an undesirable result does not necessarily indicate error in judgment. No guarantee for results can be made or expected but rather I wish to rely on the doctor to choose and recommend a best course of treatment based upon facts known that is in my best interests.

I further understand, and I am informed, that there are some risks to chiropractic examination and treatment (adjustments and physical therapy) including, but not limited to: fractures, spinal or disc injuries, strokes, strain/sprains, dislocations, increased or unchanged symptoms and pain; and am therefore willing to accept and consent to the risk associated with the care that I am about to receive.

I do not expect the doctor to be able to anticipate and explain all risks and complications. I wish to rely on the doctor to exercise judgment during the course of treatment as to which risks and complications are significant. I also understand that no guarantees or promises have been made to me concerning the results expected from the treatment.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about my examination and treatment, and all my questions have been answered to my satisfaction. By signing below, I consent to the treatment plan. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

condition and for any ratare condition(s) it	or willow 1 300K troatmont.	
I AM NOT PREGNANT, nor is pregnancy s	suspected or confirmed at t	o hereby state that to the best of my knowledge, his particular time and. I consent to X-rays if the Day of Last Menstrual Period:/
authorize the doctor(s) of this clinic, and and treatment as they so deem necessary	whomever they may designa to my:	OR: I hereby agree to the above statements and ate as their assistants, to administer examination me:
Patient:		
Print Name:	Signature:	Date Signed:
Patient's Representative:		
Print Name of Patient's Representative: _		Relationship to Patient:
Signature of Patient's Representative:		Date Signed:
Doctor or Staff:		
Witness of Patient's Signature:		Date Signed:
Translated by:		Date Signed:

(A scanned copy of this document shall serve as the original.)

AGREEMENTS and AUTHORIZATION

Consent To Health Care Services/Release of Health Care Information

You, (the undersigned Patient, or undersigned person responsible for consenting on Patient's behalf), hereby request and consent to Patient health care services from Back to Health Wellness Center. The Patient health care services will be provided by and overseen by licensed, treating physicians. Health care services will also be provided by non-physician health care professionals and assistants employed or otherwise retained by Back to Health Wellness Center. Medical, nursing, and other health care personnel who are in training may also participate in the Patient's care as part of their education.

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Payment Guarantee
In consideration of the services provided by Back to Health Wellness Center, Provider to Patient, you agree to; I) guarante payment of all charges incurred by Patient in connection with such services ("Patient Charges"); II) irrevocably assign an transfer to Back to Health Wellness Center, all right, title and interest to medical reimbursement benefits to which Patient entitled for the purpose of payment of Patient Charges; and III) authorize payment of such benefits directly to Back to Healt Wellness Center. You also agree to be fully responsible for the payment of any and all Patient Charges to the extent that thes charges are not satisfied by the assigned benefits.
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Notice of Non-Coverage
If you have insurance, insurance companies will only pay what is covered in each individual's insurance policy. Your insurance does not pay for all of your healthcare costs, specifically as it relates to treatment in a chiropractic office. Your insurance policy will only cover services that it deems are "Medically Necessary" according to their specific guidelines. When you receive service or item that your insurance policy does not cover, then you are personally responsible for the non-covered services at the time they were rendered (unless prior arrangements have been made). Specifically, your insurance policy will not allow payment for the following non-covered services and you will have to pay out-of-pocket the normal fee as listed below becaus they are routinely deemed not-medically necessary according to insurance guidelines: maintenance/wellness chiropractic car (\$45 per visit), nutritional supplements (\$25-40), therapeutic modalities used for maintenance (\$25), massage (\$35-95) an any service beyond your benefit plan visit limitations or services that are excluded from the benefit plan.
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Patient Right To Restrict Disclosure of Protected Health Information (PHI)
For any service in which you pay for 100% out-of-pocket, you have a right to restrict the disclosure of that healthcare information for that particular service to any health insurance entity. This is according to your HIPAA privacy rights established under the American Recovery and Reinvestment Act (ARRA) of 2009. For services that are non-covered under your insurance pla and that you pay for in-full out-of-pocket, you understand and request that Back to Health Wellness Center do not bill for any of these non-covered services or items on my behalf and that you wish to restrict the disclosure of PHI of these services from you insurance company.
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Responsibility For Personal Property
You accept sole responsibility for all Patient property, except for property expressly accepted by Back to Health Wellnes Center for safekeeping under its sole care and custody.
SIGNATURE of Patient, Parent or Guardian:
PRINTED Name of Patient, Parent or Guardian:
Date: Relationship to Patient:
Witness Signature: Date:

AUTHORIZATION and HIPAA PRIVACY NOTICE

Consent To Release Information

Here at Back to Health Wellness Center, we do not sell or release your information to third parties. There will be cases along the course of your care where information will need to be released in certain circumstances. You authorize Back to Health Wellness Center to release to employer groups, government agencies (Medicare, Medicaid, Champus, State or Federal government, etc.), insurance companies, or other third-party payers and their agents, and its collection representatives and attorneys, the following "Patient Information": medical history, diagnosis and procedures performed, course of treatment, plan of care, prognosis, supplies and/or such other information that may be requested for the purpose of determining eligibility and availability of Patient's benefits, obtaining authorization/payment for Patient's health care services, or billing and collection of amounts due to Back to Health Wellness Center for services rendered. In the case of Patient Information released for purposes of payment of Patient Charges, this authorization shall be valid only for the period of time necessary to process payment claims. You agree to pay any Patient Charges that are denied or are ineligible for medical reimbursement benefits as a result of your refusal or revocation of consent to disclose Patient Information.

You further authorize any individual health care professional, including treating physician(s), to provide Back to Health Wellness Center or its designee with Patient Information for quality assurance and, or risk management purposes. Finally, in the event that the Patient's employer, or an insurance company representing such employer, requests Patient Information relating to healthcare services provided for worker's compensation injuries, it is understood and agreed that Back to Health Wellness Center is required, under state law, to release copies of such information to such employer or insurance company without the authorization of Patient or Patient's representative. Again, here at Back to Health Wellness Center, we strive to provide you with the best care possible and in order to do that this consent is necessary.

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HIPAA Privacy Notice Patient Acknowledgment

Patient Acknowledgement and Receipt of Notice of Privacy Practices Pursuant to HIPAA and Consent for Use of **Health Information**

I hereby state that by signing this Consent I acknowledge and agree as follows:

- 1) The undersigned does hereby acknowledge that he or she has received a copy of this office's Notice of Privacy Practices Pursuant to HIPAA and has been advised that a full copy of this office's HIPAA Compliance Manual is available upon request and that a copy of it is always available at the Front Desk.
- The Practice's Privacy Notice has been provided to me prior to my signing this Consent and a copy of it has been shown to me at the Front Desk. The Privacy Notice includes a complete description of the uses and/or disclosures of my protected health information ("PHI") necessary for the Practice to provide treatment to me, and also necessary for the Practice to obtain payment for that treatment and to carry out its health care operations.
- 3) The undersigned does hereby consent to the use of his or her health information in a manner consistent with the Notice of Privacy Practices Pursuant to HIPAA, the HIPAA Compliance Manual, State Law and Federal Law.
- 4) The Practice reserves the right to change its privacy practices that are described in its Privacy Notice, in accordance with applicable law.
- 5) The Practice's "Notice of Privacy Practices" is also provided in the reception area display table and on the Practice's web sit at www.LaPorteWellnesss.com. I may also request a copy from this office at any time via US Mail.

This Notice of Privacy Prac nformation.	tices also describes my rights and t	the duties of this office with	respect to my protected health
			initial
have read and unders satisfaction in a way that	stand the foregoing notice, and I can understand.	all of my questions hav	re been answered to my full
PRINTED Name of Patien	t, Parent or Guardian:		
SIGNATURE of Patient, Pa	arent or Guardian:		
Date:	Relationship to Patient: _		
Witness Signature:		Date:	

OFFICE FINANCIAL POLICY



Your understanding of our financial policy is an essential part of your care and treatment. If you have any questions, please don't hesitate to discuss them with our office staff.

No Insurance/Self Pa	y 🚨 Group He	alth Insurance	■ Managed C	are	/Flex	
Medicare ☐ Secon	ndary Insurance	□ Workers' C	Compensation	□ Auto Accident	Personal Injury	
☐ Maintenance/Wellness Care (Not covered by insurance)						

- As a courtesy we will contact your insurance carrier to verify your coverage, but this is only an estimate of
 what the insurance company will pay until we receive an actual payment. It is not a guarantee of payment.
- Your insurance policy is a contract between you and your insurance company. Also as a courtesy, we will file
 your insurance claims for you if you assign benefits to the doctor. In other words, you agree to have your
 insurance company pay the doctor directly.
- We are glad to assist you in billing your insurance, but you are ultimately responsible for full payment. Patients are encouraged to contact their carrier for clarification of benefits prior to services being rendered. You are considered a cash-based patient until we verify and determine the extent of benefits under your policy.
- Due to frequent erroneous information given to us from insurance carriers and the frequent difficulty in collecting payments from the carrier, we may ask for active assistance from you in rectifying the situation.
- All payments are due at the time of service. No personal balance is to exceed \$150. We accept cash, checks, and most major credit cards.
- All deductibles and co-payments are due at the time of service or by an authorized payment plan. Most
 insurance does not cover 100% of services rendered. Because of this and the delay in payment common
 with insurance carriers, you will be asked to pay your deductible and your portion of your charges the day
 the service is rendered.
- After 60 days, any outstanding balances will be due in full by you. Balances over 60 days past due will be automatically debited from your checking account or credit card on file or through a third-party vendor. All balances past due 60 days or greater will be charged at a 1.5% monthly (18% annual) interest rate.
- You must inform this office of all insurance changes and referral requirements. In the event the office is not informed or the proper referral was not obtained by you in advance, you will be responsible for any charges denied as a result of not informing us or not obtaining the authorized referral.
- A 50% minimum down payment is required to place an order for products, supplies, orthotics, etc. with the remainder becoming due upon receiving such supplies or products. Full payment is required before receiving any products or supplies.
- Insurance is designed for sick care and only reimburses for services it deems "medically necessary" according to their guidelines. Unfortunately, prevention and health maintenance care is not reimbursable. When your schedule of visits exceeds 3 weeks or if the doctor releases you from active treatment, you will not be eligible for insurance benefits since maintenance/wellness care is a non-covered service.
- Non-compliance with a prescribed treatment plan may jeopardize insurance reimbursement. If you discontinue care or suspend care for any reason other than discharge by the doctor, any fees for professional services will become immediately due and payable in full by you, regardless of any claim submitted.
- There is a service fee of \$35 for all returned checks. Your insurance company does not cover this fee.
- Past due accounts (those over 120 days) are subject to collection proceedings, which may affect your credit. All fees including, but not limited to collection fees, attorney fees and court fees shall become your responsibility in addition to the balance due this office.

APPOINTMENT POLICY



We want to thank you for choosing us as your chiropractic healthcare provider. We understand that your time is as valuable as ours. Because of this, it is our goal to provide to you with our highest quality care in the most cost effective and efficient manner. An understanding of our appointment guidelines is essential for a healthy relationship.

Advanced Multiple Appointments: As you know, healing takes time. Your care will likely require repeated visits as your body progresses through the healing process. As a means of reducing your costs and improving efficiency, advanced multiple appointments are established in order to limit your time in our office by reducing the need to schedule visit-by-visit with the front desk staff. Any deviation from the prescribed treatment schedule may potentially jeopardize insurance reimbursement.

Rescheduling Appointments: Please remember that we have reserved appointment times especially for you and that your appointments are "written in pencil", meaning that it is okay to reschedule if something unexpected arises. Please let us know at least 24 hours in advance of the need to reschedule an appointment. Giving us advance notice will allow time to fill in that appointment with someone else who needs it.

<u>Cancelling Appointments:</u> Please let us know at least 24 hours in advance of the need to cancel an appointment. This will enable us to offer your cancelled time to other patients that desire to get their treatment completed. Canceled appointments will be recorded in your medical record.

Missed Appointments "No-Show": An appointment that is missed without at least a 12-hour advance notice to cancel or reschedule is considered a missed appointment. It is the policy of this office to assess a \$10 missed appointment fee. One missed visit will not result in the assessment of a fee, but you will be charged for any additional missed visits. This clinic provides care for many individuals and missed visits result in time lost that could have been used to provide care for others. This fee is not reimbursable by any insurance plan. Missed appointments will be recorded in your medical record.

Extra Visits: Adhering to your prescribed schedule of care is vitally important to your health recovery process. If you reschedule, cancel or miss any appointment, it is your obligation to complete an extra visit within 7 days in order to not delay your progress.

Arriving Early: You are more than welcome to arrive early for any appointment; however, you will be seen by the doctor at your reserved appointment time.

Arriving Late: If you arrive more than 10 minutes after your scheduled appointment time you will be worked into the schedule at the next available time slot in order to honor the appointment times of others.

Open Door Promise: We understand that life can get busy. So if at any time you get "side-tracked" and decide to put your healthcare on hold, please know that you are always welcome back at any time. Our door is always open to you whenever you decide to start again. Even though it is our duty to educate and encourage you to make the best decisions for your optimal health, we promise to never scold, lecture or yell at you for any decision you make in regards to your own healthcare.

Keep this copy for your information.

HIPAA PRIVACY NOTICE



Protecting the privacy of your personal health information is important to us. This notice describes how information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Disclosure of your protected health information without authorization is strictly limited to defined situations that include emergency care, quality assurance activities, public health, research, and law enforcement activities. You understand and agree to allow this office to use your Patient Health Information for the purpose of treatment, payment, healthcare operations and coordination of care. You may request restrictions on disclosures.

Disclosures of protected health information are limited to the minimum necessary for the purpose of the disclosure. This provision does not apply to the transfer of medical records for treatment.

You may inspect and receive copies of your records within 30 days of a request to do so and a cost -based fee for photocopying, postage and preparation may apply.

You may request changes to your records which our practice has the right to accept or deny.

We maintain a history of protected health information disclosures that is accessible to you.

In the future, we may contact you for appointment reminders, announcements, and to inform you about our practice and its staff.

Our office is required to abide by this notice. We have the right to change this notice in the future. Any revisions will be displayed in a clearly visible location in our office.

You may file a complaint about privacy violations by contacting Matthew Kirkham at 326-5100.

If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing the consent on the Confidential Patient Case History form.

Thank You.

Keep this copy for your information.