



PATIENT HISTORY

ANDERSON CHIROPRACTIC, LLC  
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Patient Name \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_

Show area (s) of Pain or unusual Feeling

Mark the areas on the body where you feel the described sensations. Use the appropriate symbols. Mark all areas of radiation. Include all affected areas.

**Numbness**

**Pins & Needles**

**Burning**

**Aching**

**Stabbing**

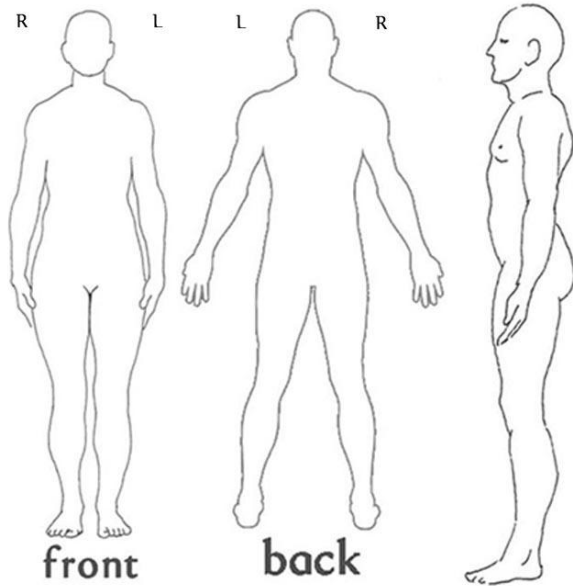
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Please mark on the pain scale from 0 to 10 the you feel with this condition, 10 being the worst pain you have felt with this condition.

**PAIN SCALE**

Neck-Shoulder-Arm Pain  
On a scale of 0 - 10  
I rate my discomfort as follows

0-----10

Mid-Back Pain  
On a scale of 0 - 10  
I rate my discomfort as follows

0-----10

Lower Back Pain  
On a scale of 0 - 10  
I rate my discomfort as follows

0-----10

Please circle the area of discomfort and describe the pain.

Acute \_\_\_ Chronic \_\_\_ Sharp \_\_\_ Burning \_\_\_ Moving \_\_\_ Tingling \_\_\_ Dull \_\_\_  
Severe \_\_\_ Stabbing \_\_\_ Shooting \_\_\_ Throbbing \_\_\_ Numbness \_\_\_

What relieves the pain: \_\_\_\_\_

What aggravates the pain: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

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Patient Name \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Chief complaint: \_\_\_\_\_

Date of Onset: \_\_\_\_/\_\_\_\_/\_\_\_\_ Was the Onset; Gradual [ ] Sudden [ ] Since Onset, has it gotten worse? YES [ ] NO [ ]

Describe what caused the pain: \_\_\_\_\_

PLEASE ANSWER THE FOLLOWING QUESTIONS TO HELP EXPLAIN YOUR CHIEF COMPLAINT:

Describe the quality of the complaint/pain:

- [ ] Sharp
[ ] Dull/Ache
[ ] Throbbing
[ ] Tingling/Numbness

Other: \_\_\_\_\_

Does any of the following make the pain worse:

- [ ] Lifting/bending/pushing/pulling
[ ] Cough/Sneeze/Bowel Movement
[ ] Driving/Riding/Sitting
[ ] Walking/Running/Standing

Other: \_\_\_\_\_

Describe if pain is in a single spot or does it spread out:

- [ ] Radiation dull, deep ache
[ ] Pin point
[ ] Burning, sharp stabbing, tingling, numb

Other: \_\_\_\_\_

Does any of the following make it better:

- [ ] Rest/Laying down
[ ] Sitting
[ ] Walking/Exercise

Other: \_\_\_\_\_

How often are you aware of the pain:

- [ ] Intermittent (less than 25% of the time when awake)
[ ] Occasional (25-50% of the time when awake)
[ ] Frequent (50-75% of the time when awake)
[ ] Constant (75-100% of the time when awake)

Other: \_\_\_\_\_

Does it interfere with your daily activities:

- [ ] Minimal (annoyance, no impairment)
[ ] Slight (tolerated, some impairment)
[ ] Moderate (marked impairment)
[ ] Marked (preclude any activities)

Have you detected any possible relationship of your current complaint with any of the following:

- [ ] Muscle Weakness [ ] Bowel/Bladder [ ] problems [ ] Digestion [ ] Cardiac/Respiratory [ ] Other: \_\_\_\_\_

Have you tried any self-treatment or taken any medication (over the counter or prescription): [ ] YES [ ] NO

If yes, explain the results: \_\_\_\_\_

Have you ever experienced your present problem before consulting Anderson Chiropractic? [ ] YES [ ] NO If yes, when? \_\_\_\_\_

Was treatment provided [ ] YES [ ] NO If yes, by whom: \_\_\_\_\_ Outcome: \_\_\_\_\_

How do you sleep: [ ] Back [ ] Side [ ] Stomach Do you use a pillow: [ ] YES [ ] NO Are you currently pregnant? [ ] YES [ ] NO

Do you wear orthotics or arch supports? [ ] YES [ ] NO

Are you currently taking anti-coagulant or blood thinning medications? [ ] YES [ ] NO

What type of care are you interest in: [ ] Pain relief only [ ] Healing of current condition [ ] Optimizing your health [ ] All three

Date: \_\_\_\_\_ Signature: \_\_\_\_\_