

MIKE POWELL, D.C., DACNB  
Functional Neurology  
KOURTNÉ SHANAHAN, D.C.  
Family Chiropractic Care

## New Patient Health History Intake

### Demographics

Name \_\_\_\_\_ Date of birth \_\_\_\_\_

Age \_\_\_\_\_ Gender \_\_\_\_\_ What do you prefer to be called? \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone Number \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_ SS# \_\_\_\_\_

Spouse's name \_\_\_\_\_

Children's names and ages \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_ Work Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relation \_\_\_\_\_ Phone \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

May we send you a text message and email appointment reminder? \_\_\_\_\_

### **Motor Vehicle Accident/ Workman's compensation patients only:**

Date of the accident \_\_\_\_\_ Policy Type \_\_\_\_\_

Claim Number \_\_\_\_\_ Name of the Adjuster \_\_\_\_\_

Were you taken to the Emergency room? \_\_\_\_\_

Was there any imaging done for this accident? \_\_\_\_\_ If yes, where? \_\_\_\_\_

Have you been seen by another health care provider for this accident? If yes, who and When?

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**Tell us about your Condition**

What is your primary reason for your visit?

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When did your condition start?

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What type of pain are you experiencing?

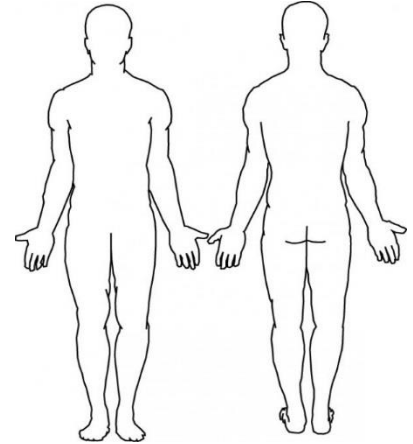
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On a scale of 1-10, rate the severity of your pain:

(1 = feels great, 10 = debilitating)

**1 2 3 4 5 6 7 8 9 10**

**Mark areas of pain on the figures below**



What makes your condition worse? \_\_\_\_\_

What makes your condition better? \_\_\_\_\_

How frequent are your symptoms? Occasional / Frequent / Constant

Does your pain radiate to another part of your body? \_\_\_\_\_

If yes, Where? \_\_\_\_\_

When do your symptoms occur most frequently? \_\_\_\_\_

What time of day are your symptoms the worst? \_\_\_\_\_

Do your symptoms wake you at night? \_\_\_\_\_

Have you seen another healthcare provider for this condition? If yes, please list name, type of provider and where you were seen \_\_\_\_\_

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Is there anything else the Doctor should know about your condition?

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**Health History**

Have you had chiropractic care before? \_\_\_\_\_ If yes, When \_\_\_\_\_

Family Physician \_\_\_\_\_

Current medication please list below **ALL** medications including supplements OR  
 bring in a list of your medications

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Are you allergic to anything? \_\_\_\_\_ if yes, please list \_\_\_\_\_

Previous surgeries and dates of surgery \_\_\_\_\_

**Check all that apply to you:**

Do you have previous  
**PERSONAL** history of:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Abnormal bleeding          | <input type="checkbox"/> Difficulty breathing        | <input type="checkbox"/> Osteoporosis         |
| <input type="checkbox"/> Alcohol abuse              | <input type="checkbox"/> Drug abuse                  | <input type="checkbox"/> Osteopenia           |
| <input type="checkbox"/> Allergies                  | <input type="checkbox"/> Emphysema                   | <input type="checkbox"/> Pacemaker            |
| <input type="checkbox"/> Anemia                     | <input type="checkbox"/> Epilepsy                    | <input type="checkbox"/> Persistent cough     |
| <input type="checkbox"/> Arthritis                  | <input type="checkbox"/> Fainting spells             | <input type="checkbox"/> Psychiatric problems |
| <input type="checkbox"/> Artificial bones/joints    | <input type="checkbox"/> Fatigue                     | <input type="checkbox"/> Radiation treatment  |
| <input type="checkbox"/> Asthma                     | <input type="checkbox"/> Glaucoma                    | <input type="checkbox"/> Rheumatoid arthritis |
| <input type="checkbox"/> Autoimmune disorder        | <input type="checkbox"/> Gout                        | <input type="checkbox"/> Sciatica             |
| <input type="checkbox"/> Cancer                     | <input type="checkbox"/> Headaches                   | <input type="checkbox"/> Scoliosis            |
| <input type="checkbox"/> Chemotherapy               | <input type="checkbox"/> Heart problems              | <input type="checkbox"/> Seizures             |
| <input type="checkbox"/> Colitis                    | <input type="checkbox"/> Hepatitis                   | <input type="checkbox"/> Shingles             |
| <input type="checkbox"/> Connective tissue disorder | <input type="checkbox"/> High blood pressure         | <input type="checkbox"/> Sinus problems       |
| <input type="checkbox"/> Congenital heart defect    | <input type="checkbox"/> HIV/AIDS                    | <input type="checkbox"/> Sleep issues         |
| <input type="checkbox"/> Depression                 | <input type="checkbox"/> Hospitalized for any reason | <input type="checkbox"/> Stroke               |
| <input type="checkbox"/> Diabetes                   | <input type="checkbox"/> Kidney Problems             | <input type="checkbox"/> Suicidal tendencies  |
| <input type="checkbox"/> Dizziness                  | <input type="checkbox"/> Liver disease/problems      | <input type="checkbox"/> Thyroid problems     |
|   | <input type="checkbox"/> Low blood pressure          | <input type="checkbox"/> TMJ issues           |
|   | <input type="checkbox"/> Lupus                       | <input type="checkbox"/> Tonsillitis          |
|   | <input type="checkbox"/> Lyme's disease              | <input type="checkbox"/> Tremors/ticks        |
|   |  | <input type="checkbox"/> Tuberculosis         |
|   |  | <input type="checkbox"/> Ulcers               |



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**Family Medical history:**

Illness \_\_\_\_\_ Relation \_\_\_\_\_ age of onset \_\_\_\_\_  
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**Check all that apply to you:**

- Been in a major motor vehicle accident  
Date: \_\_\_\_\_
  - Had a concussion  
Date: \_\_\_\_\_
  - Have been knocked unconscious  
Date: \_\_\_\_\_
  - Used a walker or a cane
  - Have broken any bone  
Date: \_\_\_\_\_
  - Have had any impacts, falls, jolts that may have injured the spine
  - Read for a prolonged amount of time
  - During the day I mostly:
    - Sit
    - Stand
    - Drive
    - Desk work
    - Mechanical work
    - Heavy lifting
  - Wear a foot insert, heel lift or orthotics
  - Smoke/use any form of tobacco
  - Spend prolonged time on the computer or phone
  - Use phone/tablet while laying down
- How old is your mattress?  
\_\_\_\_\_
  - What position do you sleep in?  
\_\_\_\_\_
  - How many hours do you sleep a night?  
\_\_\_\_\_
  - How much regular exercise do you perform?  
\_\_\_\_\_
  - On a scale of 1-10, rate your healthy eating habits  
**1 2 3 4 5 6 7 8 9 10**
  - What additional health goals do you have?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Women only: check all that apply to you:**

- Using birth control
- Pregnant
  - If yes how far along?  
\_\_\_\_\_
- Nursing
- Irregular or painful periods
- Menopause
  - At what age \_\_\_\_\_