

Upchurch Chiropractic
Laser Therapy - Q & A

COMMON QUESTIONS

Is it safe?

Answer: Yes, our laser has been cleared by the FDA in order to provide you with the safest, non-invasive treatment option available today. Laser therapy provides you with a safe effective alternative to drugs and surgery.

We do provide specialized glasses to wear since direct exposure to the eye can be damaging to the retina. NO OTHER DANGERS HAVE BEEN RECOGNIZED.

How often can you receive a laser treatment?

Answer: There is no set rules as to how often you can receive laser therapy, or no damage that will be done from over usage. Common sense would suggest giving the tissue time to heal in between sessions.

Acute: Once a day and twice if necessary.

Chronic: Once per day eventually to maintenance which can be monthly depending upon your condition and level of activity. The Doctor can answer that question.

Is it painful?

Answer: No, on the contrary. The laser treatment itself provides a warm, soothing feeling, usually followed by a noticeable reduction in pain and increased range of motion, leading to a dramatically improved quality of life.

The laser light can be warm but it will not burn you. It will be kept moving as to not create too much warmth in one area.

How long does each treatment take?

Answer: If you are just receiving laser therapy, to thoroughly discuss your condition there will be some very brief paperwork, a no charge initial consultation and then the laser session. All of this will last approximately 30 minutes. After your initial visit, each session lasts a maximum of 15 minutes.

If you wish to have your spine examined for Chiropractic care, a thorough examination including x-rays takes an additional 45 minutes for a total of an hour and 15 minutes to an hour and one half hour.

How many visits will I need?

Answer: The number of treatments are determined by your condition, physical health and the complexity of your pain. Injuries and acute conditions can often be treated by a short duration of treatments, while chronic and degenerative conditions respond better to a longer treatment period followed by regular maintenance visits.

How much does it cost?

Answer: We have a discounted introductory trial visit for \$30. If you wish to receive further laser treatments we have discounted packages and can be discussed with the doctor.

We are much more reasonable than the professional laser practices. (Blast Pain in Troy used to be one of those practices.)

Program cost is determined by the condition of each patient.

Will insurance cover it?

Answer: Unfortunately, at this time laser therapy is not covered by health insurance.