Information and Guidance
TCC Approach

We are scientists

We are scientists at an evidence-informed healthcare institution

We will take a scientific approach to issues related to the coronavirus
### Common Symptoms

**COVID-19**
- Fever
- Cough
- Shortness of Breath

**Influenza**
- Fever
- Chills
- Cough
- Sore Throat
- Runny/Stuffy Nose
- Muscle/Body Aches
- Headaches
- Fatigue
- Vomiting/
- Diarrhea

### Number of Illnesses*

**COVID-19**
- 87 Thousand
  - Globally. About 50 total confirmed cases in the United States.

**Influenza**
- 1 Billion

*Between October 1, 2019 and March 1, 2020

### Deaths Caused*

**COVID-19**
- 3,977

**Influenza**
- 291,000 – 646,000

*Globally between October 1, 2019 and March 1, 2020.
Influenza estimate is a global average each year.

### Death Rate by Factor*

#### COVID-19

- Age
- Pre-Existing Condition

*Numbers come from the WHO-China Joint Mission, published on Feb. 28, 2020. Deaths appear to come largely from elderly and people with pre-existing medical conditions.
CDC estimates that so far this season there have been at least:

- 32 million flu illnesses
- 310,000 hospitalizations from the flu
- 18,000 deaths from the flu
Help prevent the spread of respiratory diseases

• Avoid close contact with people who are sick
• Cover your cough or sneeze with a tissue then throw in the trash
• Avoid touching your eyes, nose and mouth
• Clean and disinfect frequently touched objects and surfaces
• Stay home when sick except to get medical care
• **Wash your hands regularly with soap and water for 20 seconds**
• Clean hands with sanitizing gel/foam
Cleaning Services

• DTK is using the recommended EPA-registered disinfectants and will place an emphasis on common high touch surfaces like doorknobs, light switches, etc.

• We are requiring employees who are symptomatic to stay home.
Symptom | Percentage
--- | ---
Fever | 87.9%
Dry cough | 67.7%
Fatigue | 38.1%
Sputum production | 33.4%
Shortness of breath | 18.6%
Sore throat | 13.9%
Headache | 13.6%
Muscle pain or joint pain | 14.8%
Chills | 11.4%
Nausea or vomiting | 5%
Nasal congestion | 4.8%
Diarrhea | 3.7%
Hemoptysis | 0.9%
Conjunctival congestion | 0.8%
If you are sick and exhibit respiratory disease symptoms (Fever, cough, shortness of breath)

• Employees - Contact Human Resources / Sue Arnold and your supervisor by phone or email

• Stay Home!

• Students – Contact Student Services through normal communication channels

• Stay Home!

• Contact your primary care physician by phone

• Stay Home!
No Superheroes Needed
If you have respiratory illness symptoms or a diagnosis of the flu or Coronavirus

**Employees**
Paid sick time
No deduction of sick days

**Students**
Excused absences
Not counted in 15% absence policy
If you plan to travel

• We are not approving any travel to China, Iran, South Korea, Italy, Japan, Hong Kong
• If you have traveled out of the country in the last 30 days or
• If you are traveling out of Texas or
• If you are in contact with people who have traveled from at risk areas

• TCC website form for reporting

• Japanese visit to TCC – continued monitoring
• Screening patients via phone
• Facemask and isolation plan if patient presents symptomatic
• Recommend follow-up with primary care
Resources and Communication

• Library website - https://txchiro.libguides.com/home/coronavirus

• Weekly updates from TCC Communications to all employees and students
Curriculum delivery

Service delivery

Contingency Plan

Straight Ahead
• If your sick – stay home
• Report your illness and travel
• Temporary relaxation of absence policies for employees and students
• Observe good hygiene and mitigation practices
• Weekly updates
• Contingency planning
• Stay healthy and rested