

## Case # 3293: Knee

A college football offensive lineman entered the office reporting suffering a sprain to his medial collateral ligament (MCL). He reported that the pain was severe in nature and was unable to walk without a 'feeling of buckling'.

Myofascial Disruption Technique was performed to the medial collateral ligament. The patient reported that he was feeling much better after the first treatment. According to the team doctor he was to be out for up to four weeks. The patient returned to practice in five days and he was able to play in his very next game.