

Please indicate the conditions that you have experienced or are currently experiencing:

**Cardiovascular:**

- High Blood Pressure
- Low Blood Pressure
- Congestive Heart Failure
- Heart Attack
- Phlebitis / Varicose Veins
- Stroke / CVA
- Pacemaker or similar device
- Heart Disease
- Dizziness / Vertigo
- Seizures
- Hemophilia

**Respiratory:**

- Asthma
- Bronchitis
- Emphysema
- Chronic Cough
- Shortness of Breath

**Digestive:**

- Constipation
- Crohn's Disease
- Colitis
- Irritable Bowel Syndrome
- Ulcers

**Head and Neck:**

- Headaches
- Migraines
- Vision Problems
- Vision Loss
- Ear problems
- Hearing Loss
- Jaw Pain

**Muscle / Joint:**

- Neck
- Back (lower)
- Back (mid)
- Back (upper)
- Shoulders
- Elbow
- Wrist / Hand
- Hip
- Knee
- Ankle / Foot
- Spine
- Jaw

**Skin Conditions:**

- Eczema
- Psoriasis
- Rash
- Warts
- Open Sores

**Infectious Conditions:**

- Skin Conditions  
Describe: \_\_\_\_\_
- Respiratory Conditions:  
Describe: \_\_\_\_\_
- Hepatitis
- HIV
- AIDS
- Herpes

**Women:**

- Chance of Pregnancy? Y / N  
Due Date: \_\_\_\_\_
- Gynecological Conditions  
List: \_\_\_\_\_
  - Menstrual Problems
  - Menopausal Problems

**Other:**

- Loss of Sensation  
Where? \_\_\_\_\_
- Diabetes  
Onset: \_\_\_\_\_  
Type: \_\_\_\_\_
- Epilepsy
- Seizures
- Cancer  
Type/Location: \_\_\_\_\_
- Arthritis
- Osteoporosis
- Mental Illness
- Fibromyalgia
- Chronic Fatigue
- Scoliosis
- Polio / Post polio

**Is there a family history of any of the above? Please list:**

\_\_\_\_\_  
\_\_\_\_\_

Do you have any other medical conditions or additional information that you would like to provide?

\_\_\_\_\_  
\_\_\_\_\_

**WAIVER:**

Because massage is contraindicated under certain conditions, I affirm that all information provided in this health history form is complete and correct to the best of my knowledge. I agree to inform my massage therapist of any changes to my medical profile, and I understand that I will be asked to update this health history form yearly, at a minimum.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# kw health connection

chiropractor • naturopath • massage

(for office use only)

Date: \_\_\_\_\_ Chart No. \_\_\_\_\_

Update 1: \_\_\_\_\_

Update 2: \_\_\_\_\_

Update 3: \_\_\_\_\_

Update 4: \_\_\_\_\_

The information requested below will assist us in treating you safely. Feel free to ask any questions about the information being provided. Please note that all information provided will be kept confidentially unless allowed or required by law. Your written permission will be required to release any information.

Name: Last \_\_\_\_\_ First \_\_\_\_\_ Initial \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Prov. \_\_\_\_\_ Postal \_\_\_\_\_

Phones (H) \_\_\_\_\_ (W) \_\_\_\_\_ Cell \_\_\_\_\_

Age \_\_\_\_ Date of Birth (D/M/Y) \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Sex (M) \_\_\_\_ (F) \_\_\_\_

Occupation \_\_\_\_\_

Email \_\_\_\_\_

*(email addresses will only be used for appointment reminders and monthly newsletters)*

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Do you have 3<sup>rd</sup> party Extended Health Benefits through work or otherwise? Y/N

Have you ever had Massage Therapy before? Y / N When? \_\_\_\_\_

What is your main reason for seeking Massage Therapy today? (Please be as specific as possible with any complaints or concerns you have).

**| mark on diagram to right using the letter key below the diagrams |**

Did a health care practitioner refer you for massage therapy? Y / N

If yes, please provide their name and address \_\_\_\_\_

Are you currently receiving treatment from another health care professional? Y/N

If yes, for what? \_\_\_\_\_

Physician name and address \_\_\_\_\_

Do you have any of the following? Please circle.

Internal Pins    Wires    Artificial Joints    Special Equipment

Do you have any allergies? \_\_\_\_\_

Are you taking any medications? \_\_\_\_\_

What condition(s) do they treat? \_\_\_\_\_

List any and all previous injuries, surgeries, or illnesses, including the date: \_\_\_\_\_

Will you be filing a WSIB claim due to a work related accident? Y / N

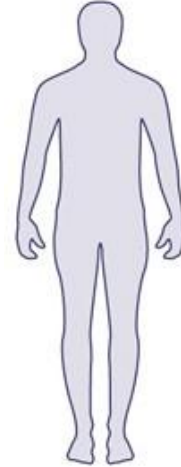
If yes, Claim # \_\_\_\_\_ Adjusters Name \_\_\_\_\_

Have you been in a recent Auto accident? Y / N If so, will you or have you

already made an Auto Insurance claim? Y / N Claim # \_\_\_\_\_

Adjuster Name \_\_\_\_\_ Phone \_\_\_\_\_

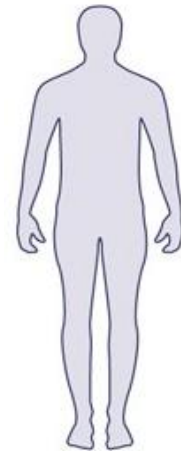
How did you hear of 'kw health connection'? \_\_\_\_\_



FRONT

Please circle the number that best describes your pain

0 1 2 3 4 5 6 7 8 9 10  
none mild moderate severe



BACK

Please mark on the image above the areas of:

Pain (X) Burning (B)  
Numbness (/) Ache (A)  
Weakness (O) Stiffness (#)

(To be taken by your massage therapist)

Blood Pressure: \_\_\_\_\_

Date: \_\_\_\_\_

(PLEASE SEE REVERSE SIDE)