

Haque Chiropractic: COVID-19 Patient Policies & Procedures

Process of Pre-Screening while scheduling Patients:

- I. If they or anyone in their family has a fever or has had one in the last two weeks,
- II. Have they or family members had any symptoms of a cold or flu? Symptoms include fever, tiredness, and a cough that isn't necessarily productive. They may also have or have had aches and pains, runny nose or nasal congestion, and vomiting or diarrhea.
- III. Have they traveled abroad in the last two weeks?
- IV. Have they been near anyone who has potentially had the virus through their own family or work contacts? People can be contagious without symptoms.

They are not to come in if any of the above is answered YES

Ask high-risk patients to delay if possible. High risk patients are those who:

- I. Are undergoing chemotherapy.
- II. Are immunocompromised.
- III. Are diabetic.
- IV. Have heart disease.
- V. Have high blood pressure.
- VI. Have asthma or another respiratory issue.
- VII. Are over 60 years of age.

OFFICE AND STAFF PREP DURING COVID-19:

1. Conduct "pre-screening" of staff at the beginning of the shift and prior to any patient contact, assessing the presence of symptoms and risk, and sending staff home or referring for testing where appropriate.
2. Staff and doctors to apply infection prevention protocols, including using personal protective equipment such as single-use only medical exam gloves and masks.
3. Staff to practice regular disinfection of all contact points of patient surfaces and facilities while using appropriate gloves and appropriate sanitization.
4. Weekly Covid-19 disinfection completed with non-toxic spray to all areas of office, bathroom and equipment.

Process of appointments during COVID-19

5. Stagger appointments to allow time for thorough sanitation and cleaning between sessions/adjustments/treatments.
6. Patients are to wait in their cars and either call/text when they arrive (rather than the waiting room) and will then be directed to treatment area to minimize contact with front desk and other office areas. Only the patient is to enter for adjustment unless a guardian or assistance is necessary. Anyone accompanying the patient is to wait in the car during the appointment if possible.
7. Screen all patients who come to the office for services by taking temperatures and interviewing for other symptoms, including cough and shortness of breath, plus other risk factors (exposure to positive cases and travel). Segregate, mask and refer to the county health department or hospital any patient who is possibly infected.
8. Suspend restrictions on cancellations and do not apply penalties for cancellations and no-shows. Monthly billing will automatically be put on hold for those not coming in for treatment.