



DR.SHEPS

A DIVISION OF PACIFIC COAST SPORTS MEDICINE

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11710 WILSHIRE BOULEVARD

GROUND FLOOR

LOS ANGELES CA 90025

Michael D. Sheps

Curriculum Vitae

Chiropractor & Certified MDT

Private Practice

1988 – Present – Michael D. Sheps Chiropractor, Los Angeles, CA

Academic Degrees

1998 – Credentialed in Mechanical Diagnosis & Therapy, McKenzie Institute International; Wellington, NZ

1986 – Doctor of Chiropractic, Life Chiropractic College, Marietta, GA

1984 – B.S. in Nutrition, Life Chiropractic College, Marietta, GA

1982 – B.A. in Biology with emphasis on Human Anatomy, Bloomfield College of New Jersey

Licensure/Certification

1998 – Mechanical Diagnosis & Therapy of Spine, McKenzie Institute

1998 – Certification of Completion, Parts I, II, III, Chiropractic Rehab, L.A. Los Angeles College of Chiropractic

1997 – Certified VAX-D Therapist

1997- Qualified Medical Evaluator, State of California, License #908325

1997 – MedX Lumbar Extension & Cervical Extension Machine Competency, Department of Orthopedics, School of Medicine, University of California, San Diego

1996 - California Workers Compensation Disability Evaluator, Los Angeles College of Chiropractic

1989 – Certificate of Completion, Chiropractic Orthopedics #346, Los Angeles College of Chiropractic

1987 – California State Board of Chiropractic License to Practice Chiropractic in California

1986 – Physiotherapy, Brenau University, Gainesville, GA

1985 – Logan Basic Technique, Certificate of Proficiency

1985 – Certification in Receptor-Tonus Method- “NIMMO”

California Massage Therapy Council

2004 – present Clinical Director of Medical Lasers, Biolase Technology

Faculty Positions

1998 – 2006 – University of California, Los Angeles, School of Medicine, non-compensated Faculty

1998 – 2006 – Texas College of Chiropractic, Postgraduate Faculty

1996 – 2006 – Los Angeles College of Chiropractic, Clinical Internship Division, Preceptor Faculty

Laser Institute WCLI



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Selected Postgraduate Studies Relevant to Current Practice

1998

- Chiropractic Certification Review, American Board of Independent Medical Examination (15 hrs)
- Mechanical Diagnosis & Therapy for Upper Limb (22 hrs)
- Cox Distraction Technique (18hrs)
- Lumbo-Pelvic & Cervico-Thoracic Stabilization, Part I (12 hrs)
- Post-Isometric Relaxation Technique for Spinal Joints, Part II (12 hrs)
- Whiplash Protocols, Part III (12 hrs)
- Functional Restoration Technique for the Small Private Practice, Part I (12 hrs)
- Posture, Gait & Sensory-Motor Training (12hrs)
- Rehab, Protocols & Guidelines/Janda's Evaluation & Treatment of Key Muscle Imbalances (12 hrs)
- Mulligan Concept – Mobilizations with Movement (18hrs)
- Proprio-Sensory & Floor Spinal Stabilization Training (12 hrs)
- Intro to Proprioceptive Neuromuscular Facilitation & Muscle Stretching (12hrs)

1997

- The Spine: Mechanical Diagnosis & Therapy, McKenzie, Part C (21 hrs)
- The Spine: Mechanical Diagnosis & Therapy, McKenzie, Part D (28hrs)
- Functional Pathology Workshop (20hrs)
- Cervical Spine & Whiplash, Part II (12hrs)
- The Integration of Orthopedics Manual Therapy & PNF for Treatment of Upper Quadrant, Part III (12hrs)
- McKenzie Cervical & Thoracic Spine Protocols, Part B (12hrs)
- Repetitive Strain Disorders, Part III (12hrs)
- Orofacial & TMJ Rehabilitation, Part III (12hrs)
- Nutritional Considerations in Rehabilitation/Pain Management, Part III (12hrs)
- Pathokinesiology & Chain Reactions in the Motor System (12hrs)

1996

- McKenzie-Lumbar Spine – Part A (12hrs)
- Rehabilitation Protocols for Specific Spine Pathology & Conditions, Part II (12hrs)
- Multidisciplinary Rehabilitation & Patient Education, Part III (12hrs)
- Cervical Spine & Upper Quarter Screen, Part III (12hrs)
- Shoulder, Elbow & Wrist (Repetitive Strain Disorders) (12hrs)
- Clinical Biomechanics of the Lumbar Spine, Part A, McKenzie (12hrs)
- The Foot & The Spine: A Funct. Perspective on Close Chain Kinematics, II (12hrs)